

3DT GIPPSLAND 2008

Host Clubs



Warragul CC



Leongatha CC



Wellington CC

Race Director: Wayne Tunks

Time Keeper: Alan Beveridge

2007 Winners:

‘A’ Nick Aitken, Leongatha

‘B’ Morgan Barnes, Carnegie Caulfield

‘C’ Neil White, Leongatha



Day 1 / Stage 1 - Shady Creek

Assemble at Shady Creek Hall. 12:30pm (1:30pm start)

Route

Shady Creek; 17km circuit on Darnum - Shady Creek Road, left onto Nilma North Road, sharp left onto Stuhls Road, left onto Darnum - Shady Creek Road.

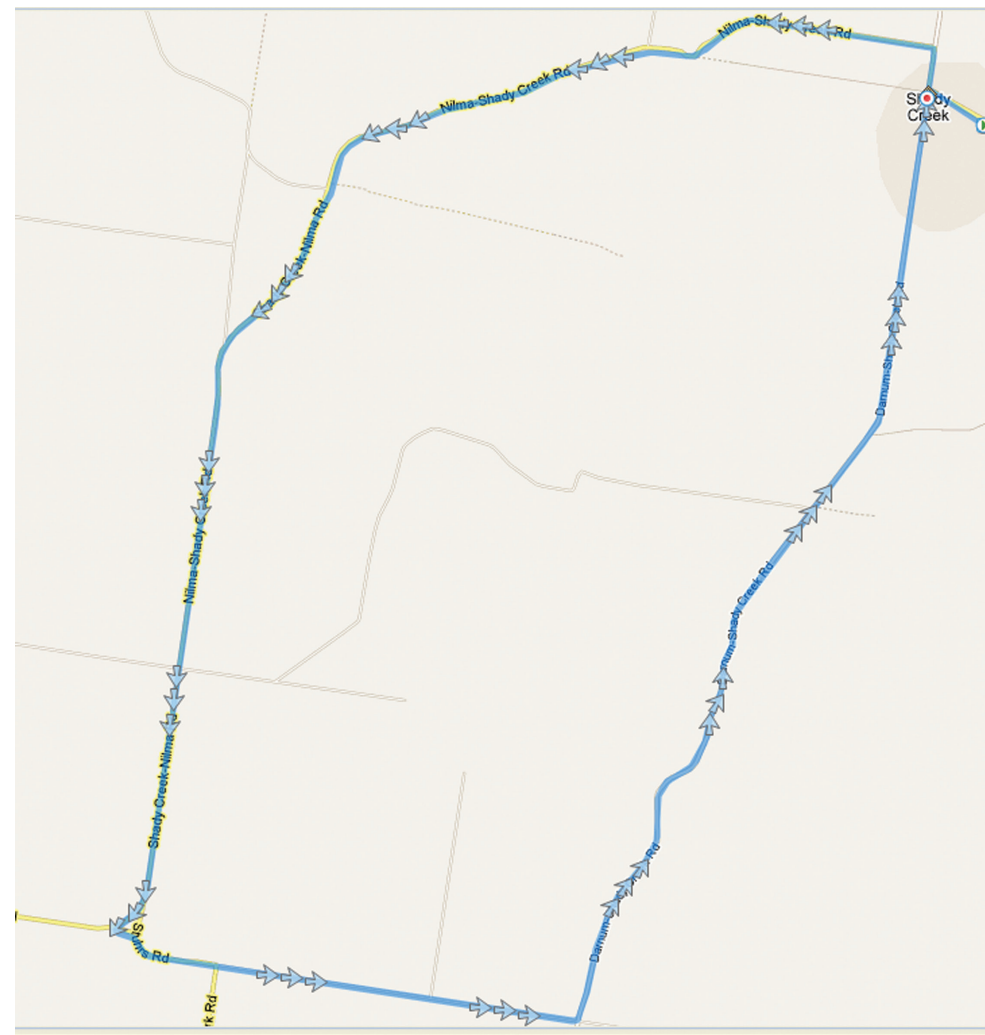
A grade starts first followed by B, then C at 2 minute intervals.

A Grade / 5 laps = 85km. Sprints at the end of laps 1, 2, 3, & 4. KOM's on laps 2, 3, 4 & 5.

B Grade / 4 laps = 68km. Sprints at the end of laps 1, 2, & 3. KOM's on laps 2, 3, & 4

C Grade / 3 laps = 51km. Sprints at the end of laps 1, & 2, KOM's on laps 2 & 3.

Intermediate sprints will be at the Finish Line on the Darnum- Shady Creek Road just prior to the T-intersection with the Yarragon-Shady Creek Road. KOMs' will be at the top of the 1.8km long hill on the Nilma North Road.



Day 2 / Stage 2 - Leongatha Velodrome

Assemble at Velodrome. 10am start.

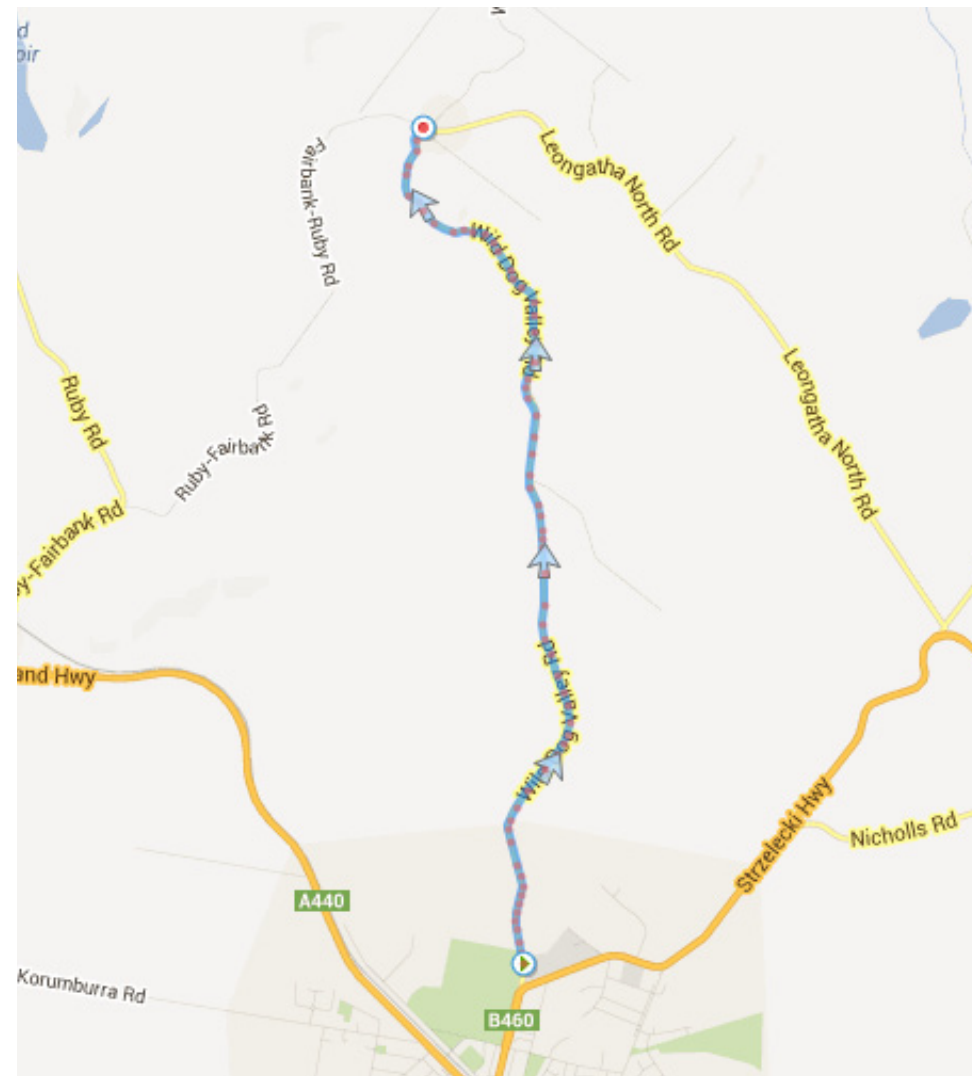
Route

6.8km TT all grades starts on Wild Dog Road near the Leongatha Velodrome. Time trial finishes near Fairbank-Ruby Road. Riders need to ride back to race start.

Riders away at 30 second intervals in reverse grade order with 2-3 minute gap between grades.

Take caution riding back to start on narrow sections.

| Start Time | No | Name | Grade | Start Time | No | Name | Grade |
|------------|----|------------------|-------|------------|----|---------------------|-------|
| 00:00:00 | | | | 00:20:30 | 10 | Phillip Bechaz | B |
| 00:00:30 | | | | 00:21:00 | 9 | Shaun Cattanach | B |
| 00:01:00 | | | | 00:21:30 | 8 | Roland Elsdon | B |
| 00:01:30 | 17 | Norm Gray | C | 00:22:00 | 7 | Glen Schoer | B |
| 00:02:00 | 16 | Judith Cahill | C | 00:22:30 | 6 | Garry Pearson | B |
| 00:02:30 | 15 | Gary Lucas | C | 00:23:00 | 5 | Perry Johnston | B |
| 00:03:00 | 14 | James Lalor | C | 00:23:30 | 4 | Jordan James | B |
| 00:03:30 | 13 | Rob Monk | C | 00:24:00 | 3 | Phillip McNeil | B |
| 00:04:00 | 12 | Callan Barker | C | 00:24:30 | 2 | Simone Spykers | B |
| 00:04:30 | 11 | Doug Barnes | C | 00:25:00 | 1 | Peter Shanahan | B |
| 00:05:00 | 10 | Kevin Feeley | C | | | | |
| 00:05:30 | 9 | Tom Debenham | C | 00:26:30 | | | |
| 00:06:00 | 8 | Rodney Cheney | C | 00:27:00 | | | |
| 00:06:30 | 7 | Paul Taranto | C | 00:27:30 | | | |
| 00:07:00 | 6 | Rick Whitehouse | C | 00:28:00 | 21 | Dave Arnup | A |
| 00:07:30 | 5 | Ken Barnes | C | 00:28:30 | 20 | Aaron Wain | A |
| 00:08:00 | 4 | Brett VanBerkel | C | 00:29:00 | 19 | Shane Stiles | A |
| 00:08:30 | 3 | Duncan Orr | C | 00:29:30 | 18 | Geoff Thomson | A |
| 00:09:00 | 2 | Gail Johnston | C | 00:30:00 | 17 | Kane Walker | A |
| 00:09:30 | 1 | Dominic Rideaux | C | 00:30:30 | 16 | Russell Edgar | A |
| 00:10:00 | | | | 00:31:00 | 15 | Malcolm Hart | A |
| | | | | 00:31:30 | 14 | Ashley Lucas | A |
| 00:13:00 | 25 | Michael O'Conner | B | 00:32:00 | 13 | Darren Spiteri | A |
| 00:13:30 | 24 | Dean McKintosh | B | 00:32:30 | 12 | James Timmer-Arends | A |
| 00:14:00 | 23 | Shane Dove | B | 00:33:00 | 11 | David Shanahan | A |
| 00:14:30 | 22 | Garry Jago | B | 00:33:30 | 10 | Charles Howlett | A |
| 00:15:00 | 21 | Matthew Kenelly | B | 00:34:00 | 9 | Samuel Beveridge | A |
| 00:15:30 | 20 | Paul Yeatman | B | 00:34:30 | 8 | Russell Edgar | A |
| 00:16:00 | 19 | Darren Williams | B | 00:35:00 | 7 | Graeme Arnott | A |
| 00:16:30 | 18 | David McFarlane | B | 00:35:30 | 6 | Jason Kruger | A |
| 00:17:00 | 17 | Tony Clark | B | 00:36:00 | 5 | Tyrone Simpson | A |
| 00:17:30 | 16 | Eamon Feely | B | 00:36:30 | 4 | Phillip Orr | A |
| 00:18:00 | 15 | Ron Purtle | B | 00:37:00 | 3 | Chris Murrell | A |
| 00:18:30 | 14 | Clem Fries | B | 00:37:30 | 2 | Stuart Smith | A |
| 00:19:00 | 13 | Gavin Slavin | B | 00:38:00 | 1 | Nick Aitken | A |
| 00:19:30 | 12 | Theirry Rolland | B | | | | |
| 00:20:00 | 11 | Morgan Barnes | B | | | | |



3DT GIPPSLAND
2008

June 8: Stage 2 @ 10:00

Day 2 / Stage 3 - Leongatha

Assemble at MacMillan VCAH (Agricultural College) on Nerrena Road. 1pm start.

Route

Mardan Rd: 38.24km circuit. Starts on Oglivy Street which becomes Nerrena Road. Left turn into Mardan Dumbalk Road, sharp left turn into Mardan Road, left turn onto Strzelecki Highway. Shortly after entering Leongatha, left turn into Horn Street.

The race is neutralised until Hulls Road due to a motorcycle event.

A grade starts first followed by B, then C at 3 minute intervals.

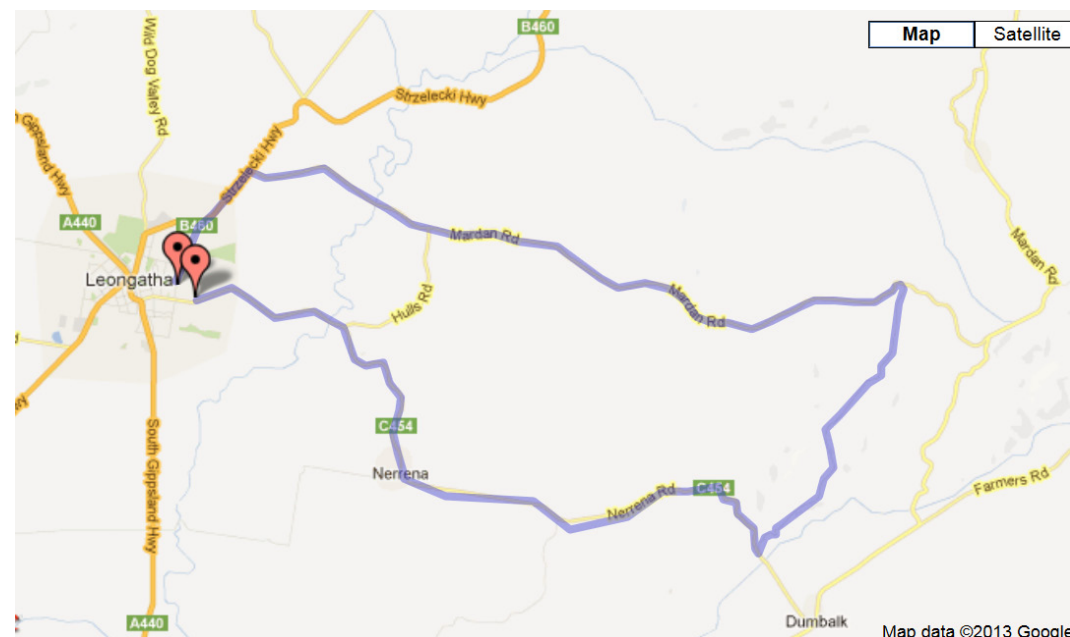
A Grade / 2 laps = 78km. Sprints on laps 1 & 2. KOMS on laps 1 & 2.

B Grade / 1 lap Mardan plus 1 lap Hulls Rd = 50km. Sprint on lap 1. KOM on laps 1.

C Grade / 1 lap Mardan = 39km. Sprint on lap 1. KOM on lap 1.

Intermediate sprints for A and B Grade is at the finish line on Horn St in Leongatha.

KOM at top of Mardan-Dumbalk Rd for all grades.



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Start near the Tinamba Pub. Turn left at the round about onto Tinamba Newry Road. Left at the next cross road onto Tinamba Glenmaggie Road. Over Blores Hill and proceed straight until the forth road on the left. Turn left onto Weir Road. Left at the Tinamba Seaton Road and over Stones Hill.

A Grade / 4 laps = 82.4km. Sprints on laps 1, 2 & 3. KOMS on laps 1, 2 & 3.

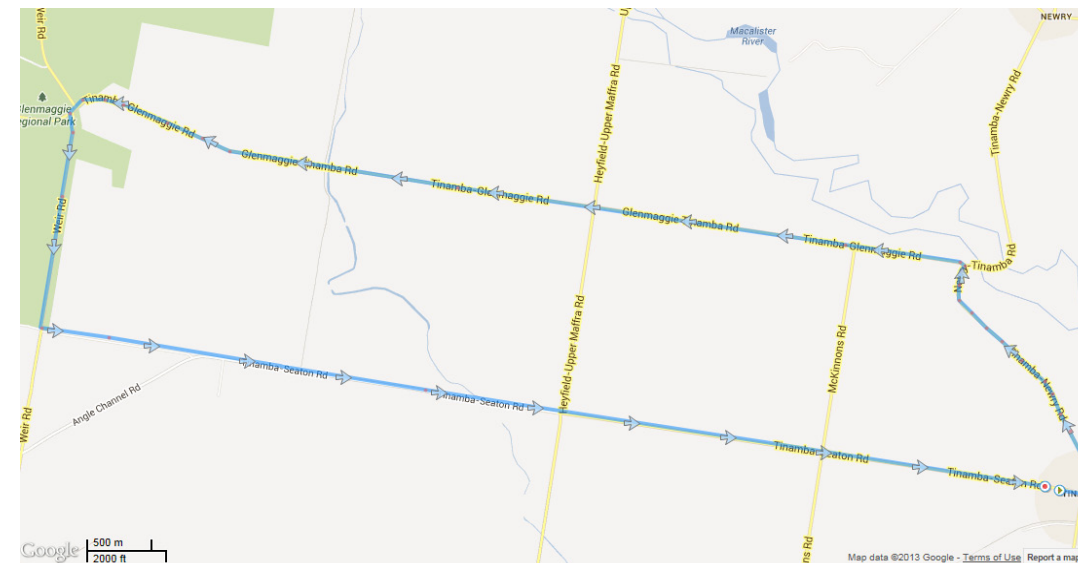
B Grade / 3 laps = 61.8km. Sprints on laps 1 & 2. KOMS on laps 1 & 2.

C Grade / 2 laps = 41.2km. Sprints on lap 1. KOM on lap 1.

Intermediate sprints will be outside the Tinamba tennis courts (just up the road from the pub).

KOM at top of Stones Hill, not far after the turn into Tinamba-Seaton Road

The finish will be in the same place as the intermediate sprints. The stage is neutralised until 1km past the round about due to road conditions.



3D GIPPSLAND
2008

June 9: Stage 4 @ 10:00

RACE RULES

Preliminaries

Clubs must have a copy of their Police race permit at the stage start.

Clubs are to organise corner marshals, placement of signs, KOM and Sprint judges, lead and following cars, and a spares vehicle.

1 General Classification

'A' grade is decided on time, and other grades are decided on points. The overall winner of 'A' grade is the rider with the lowest riding time less any bonus times over the four stages. The overall winner of other grades is the rider with the highest point score (from stage finishes, KOM, and Sprints) over the four stages. In the event that riders at the end of the Tour have equal time or equal points, the rider who first crossed the final stage finish line will be declared the winner.

The winner of 'A' grade is awarded the Tour's perpetual trophy for one year.

2 Time Bonuses and Points, KOM's and Sprints

2.1 A Grade

Time bonuses (seconds) are awarded in the road race stages, as follows:

Stage finish: 1st=10, 2nd=8, 3rd=6, 4th=4, 5th=2.

KOM: 1st=5, 2nd=3, 3rd=1

Sprint: 1st=5, 2nd=3, 3rd=1

The stage finish does not count for points in the Sprint competition. There are no bonus times or bonus points awarded in the time trial stage. In the 'A' grade event the KOM's and Sprints receive both points, for their respective competitions, and time bonuses for the general classification (GC).

2.2 B, C, & D Grades

In the 'B', 'C', & 'D' grade races KOM and Sprint points count towards the GC.

Points are awarded in the road race stages, as follows:

Stage finish: 1st=16, 2nd=14, 3rd=12, 4th=10, 5th=8, 6th=6, 7th=4.

KOM: 1st=7, 2nd=5, 3rd=3, 4th=2, 5th=1

Sprint: 1st=7, 2nd=5, 3rd=3, 4th=2, 5th=1

Time Trial Points: 1st=16, 2nd=14, 3rd=12, 4th=10, 5th=8. Riders within 40 seconds of 5th place receive 6 points, within 80 seconds 4 points and all others 2 points.

The stage finish does not count for points in the Sprint competition.

3 Race Format

3.1 Grades

The Tour is four separate races 'A', 'B', 'C' & D grades. Any rider who is caught by another grade is to avoid interfering with riders from that grade by remaining at the rear of the bunch to avoid influencing the outcome of that grade's race. Riders found to be interfering will be disqualified, and not allowed to start in the following stage.

This is a graded event, and if a rider is deemed too strong, by the Race Director, (ie breaks the bunch apart within a few kilometres) for the grade entered they will be promoted to a higher grade. The promoted rider will be given higher grade bunch time and they will forfeit bonuses.

3.2 Teams

There will be a team prize for the best Gippsland Club covering all grades. Points will be awarded to the first three Gippsland riders on each stage in each grade. Points are; 1st rider = 5 pts, 2nd = 3pts, 3rd = 1pt, this applies even if the riders are not placed in the stage. It is not the first three riders from each club, it is the first three Gippsland riders. Please claim your places at the end of the stage.

4 Road Rules and Official Directions

All Victorian Road Rules must be obeyed. Following directions of Commissaires and Officials is essential. A rider who crosses solid or double white lines will incur upto \$100 fine, disqualification, and possible suspension from all racing in Victoria for six weeks.

Riders crossing white lines in Sprints or KOM's will forfeit any points won in that particular sprint. Dangerous riding will not be tolerated.

5 Race Finishes

Riders finishing in the top eight places must report their race number to the line judges. Riders must not re-cross the finish line once finished. Riders finishing within five seconds of a bunch will be given bunch time.

6 Failing to Finish

If a rider fails to finish a stage due to accident, mechanical problems, or sickness he/she will be allowed to participate in the remaining stages. They will be awarded the time of the slowest rider. They are to avoid influencing the outcome of that grade's race. Riders found to be interfering will not be allowed to start in the following stage.

7 Time Trial

Riders need to start at their designated time. If a rider misses his/her start, the rider will be slotted in, but no adjustment will be made to his/her start time. The only exception to this rule is a rider who has suffered a mechanical breakdown, and has reported his misfortune to the starting timekeeper prior to his designated starting time.

8 Punctures / breakdown

A rider who needs to stop during a stage for a puncture or other mechanical failure must immediately use a hand signal to inform other riders and the spares

vehicle, and move to a safe position completely off the road on the left hand side. Service will only be given by the spares van on the left side of the road.

9 Spares

A spares vehicle will be provided for 'A' grade only. All riders should carry their own spare tube, pump, tools in case the spares vehicle is not immediately available.

10 Protest / Appeals

Any rider wishing to lodge a protest must do so in writing to the Race Director within 15 minutes of finishing the stage. The Appeal Board will consist of the Race Director, Host Club representative, and a non-riding delegate from one other Gippsland club.

11 Lead Vehicle

Riders are not allowed to overtake the lead vehicle. Any rider who breaks this rule will be disqualified immediately.

12 Outside Assistance

A rider who receives outside assistance will incur a time and/or point penalty, the severity of which is at the discretion of the Race Director.

13 Following Vehicles.

Non-official vehicles following the race will incur a penalty for their respective rider.

14 Behaviour

Urinating in public view will incur \$50 fine and possible disqualification. Litter must be placed in bins provided at race venues, or taken home. Persons found littering will be fined upto \$50 and / or penalised.

'A' GRADE – RED NUMBERS (1 to 21)

| No | Name | Club |
|----|---------------------|--------------------|
| 1 | Nick Aitken | Leongatha |
| 2 | Stuart Smith | Leongatha |
| 3 | Chris Murrell | Bairnsdale |
| 4 | Phillip Orr | Ballaratt |
| 5 | Tyrone Simpson | Carnegie Caulfield |
| 6 | Jason Kruger | Carnegie Caulfield |
| 7 | Graeme Arnott | Central Coast |
| 8 | Russell Edgar | Chelsea |
| 9 | Samuel Beveridge | Latrobe City |
| 10 | Charles Howlett | Latrobe City |
| 11 | David Shanahan | Latrobe City |
| 12 | James Timmer-Arends | Latrobe City |
| 13 | Darren Spiteri | Latrobe City |
| 14 | Ashley Lucas | Latrobe City |
| 15 | Malcolm Hart | Southern Vets |
| 16 | Russell Edgar | St. Kilda |
| 17 | Kane Walker | Warragul |
| 18 | Geoff Thomson | Warragul |
| 19 | Shane Stiles | Warragul |
| 20 | Aaron Wain | Warragul |
| 21 | Dave Arnup | Wellington |

'C' GRADE – WHITE NUMBERS (1 to 17)

| No | Name | Club |
|----|-----------------|--------------|
| 1 | Dominic Rideaux | Eurobodella |
| 2 | Gail Johnston | Eurobodella |
| 3 | Duncan Orr | Latrobe City |
| 4 | Brett VanBerkel | Latrobe City |
| 5 | Ken Barnes | Leongatha |
| 6 | Rick Whitehouse | Leongatha |
| 7 | Paul Taranto | Leongatha |
| 8 | Rodney Cheney | Leongatha |
| 9 | Tom Debenham | Leongatha |
| 10 | Kevin Feeley | Leongatha |
| 11 | Doug Barnes | St. Kilda |
| 12 | Callan Barker | Warragul |
| 13 | Rob Monk | Warragul |
| 14 | James Lalor | Warragul |
| 15 | Gary Lucas | Wellington |
| 16 | Judith Cahill | Wellington |
| 17 | Norm Gray | Wellington |

'B' GRADE – GREEN NUMBERS (1 to 25)

| No | Name | Club |
|----|------------------|--------------------|
| 1 | Peter Shanahan | Blackburn |
| 2 | Simone Spykers | Bairnsdale |
| 3 | Phillip McNeil | Carnegie Caulfield |
| 4 | Jordan James | Carnegie Caulfield |
| 5 | Perry Johnston | Chelsea |
| 6 | Garry Pearson | Eurobodella |
| 7 | Glen Schoer | Latrobe City |
| 8 | Roland Elsdon | Latrobe City |
| 9 | Shaun Cattanach | Latrobe City |
| 10 | Phillip Bechaz | Latrobe City |
| 11 | Morgan Barnes | Leongatha |
| 12 | Theirry Rolland | Leongatha |
| 13 | Gavin Slavin | Leongatha |
| 14 | Clem Fries | Leongatha |
| 15 | Ron Purtle | Leongatha |
| 16 | Eamon Feely | Leongatha |
| 17 | Tony Clark | Leongatha |
| 18 | David McFarlane | Leongatha |
| 19 | Darren Williams | Warragul |
| 20 | Paul Yeatman | Warragul |
| 21 | Matthew Kenelly | Warragul |
| 22 | Garry Jago | Wellington |
| 23 | Shane Dove | Wellington |
| 24 | Dean McKintosh | Wellington |
| 25 | Michael O'Conner | Wellington |

Race Strategy

Stage 1 (Scratch)

Fellow cyclists to mark: _____

The Plan: _____

Race Strategy: _____

Start line arousal: very low / low / medium / high / frisky

Result (place x of y): _____

What I did well: _____

What I need to improve: _____

Aches/pains/problems post race: _____

What went down during the race: _____

Stage 2 (ITT)

Fellow cyclists to mark: _____

The Plan: _____

Race Strategy: _____

Start line arousal: very low / low / medium / high / frisky

Result (place x of y): _____

What I did well: _____

What I need to improve: _____

Aches/pains/problems post race: _____

What went down during the race: _____

Stage 3 (Scratch)

Fellow cyclists to mark: _____

The Plan: _____

Race Strategy: _____

Start line arousal: very low / low / medium / high / frisky

Result (place x of y): _____

What I did well: _____

What I need to improve: _____

Aches/pains/problems post race: _____

What went down during the race: _____

Stage 4 (Scratch)

Fellow cyclists to mark: _____

The Plan: _____

Race Strategy: _____

Start line arousal: very low / low / medium / high / frisky

Result (place x of y): _____

What I did well: _____

What I need to improve: _____

Aches/pains/problems post race: _____

What went down during the race: _____

| Year | Name | Club |
|------|-------------------|--------------------|
| 1964 | Darryl Edwards | Warragul |
| 1966 | John Weir | Warragul |
| 1967 | Robert Kypriotis | Morwell |
| 1968 | Robert Kypriotis | Morwell |
| 1969 | John Trevorrow | Morwell |
| 1970 | John Trevorrow | Morwell |
| 1971 | Geoff Charleston | Traralgon |
| 1972 | Len Van Berkel | Traralgon |
| 1973 | Jim Phillipson | Sale |
| 1974 | John Trevorrow | Morwell |
| 1975 | Michael Phillips | Traralgon |
| 1976 | Steve Cook | Traralgon |
| 1977 | Geoff Thomson | Warragul |
| 1978 | Greg Sands | Sale |
| 1979 | David McFarlane | Leongatha |
| 1980 | Tony Smith | Leongatha |
| 1981 | Geoff Fletcher | Morwell |
| 1982 | David McFarlane | Leongatha |
| 1983 | David McFarlane | Leongatha |
| 1984 | Rick Trevorrow | Morwell |
| 1985 | David McFarlane | Leongatha |
| 1986 | Peter Phillips | Traralgon |
| 1987 | Dave McFarlane | Leongatha |
| 1988 | Phillip Gallagher | Warragul |
| 1989 | David McFarlane | Leongatha |
| 1990 | Anthony Hemming | Leongatha |
| 1991 | David McFarlane | Leongatha |
| 1992 | Troy Warren | Leongatha |
| 1993 | David McFarlane | Leongatha |
| 1994 | Wayne Kestle | Warragul |
| 1995 | Wayne Kestle | Warragul |
| 1996 | Luke Ryan | Leongatha |
| 1997 | David McFarlane | Leongatha |
| 1998 | Murray Fenwick | Warragul |
| 1999 | Murray Fenwick | Warragul |
| 2000 | Leigh O'Hara | Warragul |
| 2001 | David Salton | Warragul |
| 2002 | Joel Pearson | Warragul |
| 2003 | Joel Pearson | Warragul |
| 2004 | Gerard Murphy | Leongatha |
| 2005 | John McKenzie | Latrobe City |
| 2006 | Matt Jensen | Carnegie Caulfield |
| 2007 | Nick Aitken | Leongatha |

