

3DT GIPPSLAND 2009

Host Clubs



Bairnsdale &
Riviera CC



Wellington CC



LaTrobe City CC

Race Director: TBA

Time Keeper: Alan Beveridge

Presentation lunch at Yinnar Pub, Monday at 1:30pm. If you're ready earlier, the pub would appreciate if you got in early due to expected numbers.

2008 Winners:

'A' Charles Howlett, Latrobe City

'B' Roland Elsdon, Latrobe City

'C' Duncan Orr, Latrobe City



Stage 1 - Lindenow

Assemble at Lidenow Town Hall. 1pm start.

Route

Start in Lindenow main street, proceed east for 100m then turn right. After 200m, turn right into Hoyt Street. Turn left after approx 2km onto Lidenow Road (now on main course). Sprint at Lindenow South. NOTE: rail crossing 400m before sprint.

Turn right approx 300m after sprint into Fernbank Lindenow South Road. Take care crossing rail line at approx 12km mark.

Sharp right turn after approx 15km onto Fernbank Glendale Road. Turn right after approx 21km onto Dargo Road. KOM at Walpa (32km approx). Right turn into Lindenow Road to commence lap 2. On final lap, proceed straight to Lindenow for finish in main street.

A Grade / 3 laps = 96km. Sprints on laps 1, 2 & 3. KOM's on laps 1, 2 & 3.

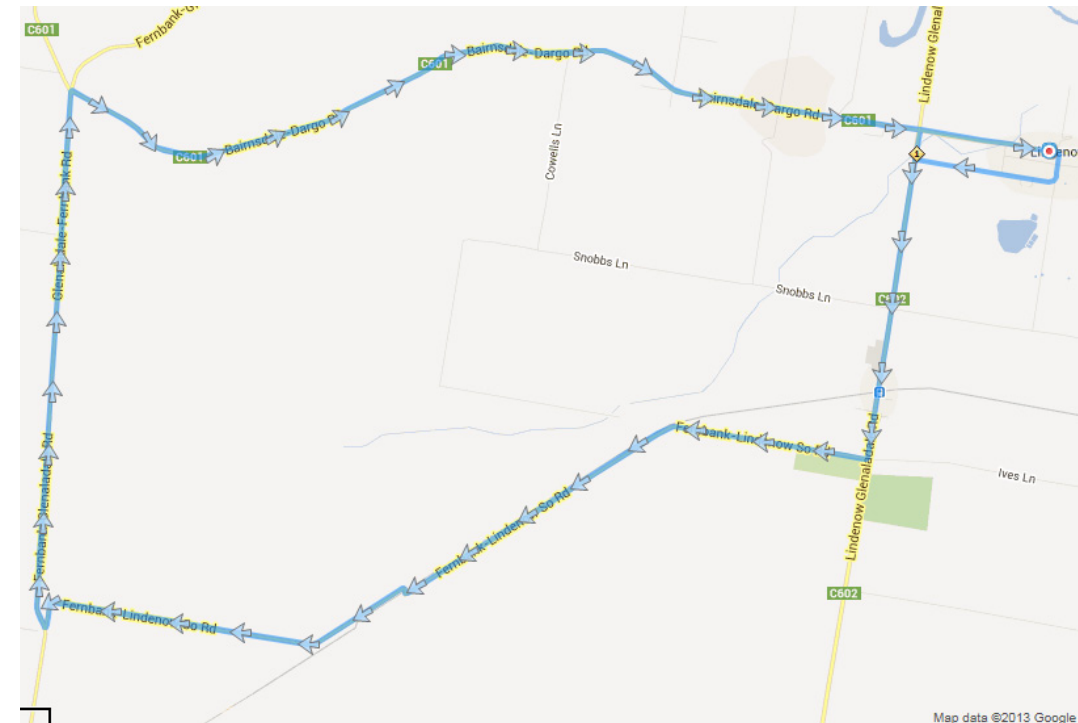
B Grade / 2 laps = 65km. Sprints on laps 1 & 2. KOM's on laps 1 & 2.

C Grade / 2 laps = 65km. Sprints on laps 1 & 2. KOM's on laps 1 & 2.

Intermediate sprints are opposite the Lidenow South Primary School (~5km, 36km, 67km).

KOM at Walpa (~32km, 63km, 94km).

Note that Vline time table indicates possibility of riders encountering train. Flashin lights at Lindenow South. Rail crossing sign only at Lindenow South Fernbank Road.



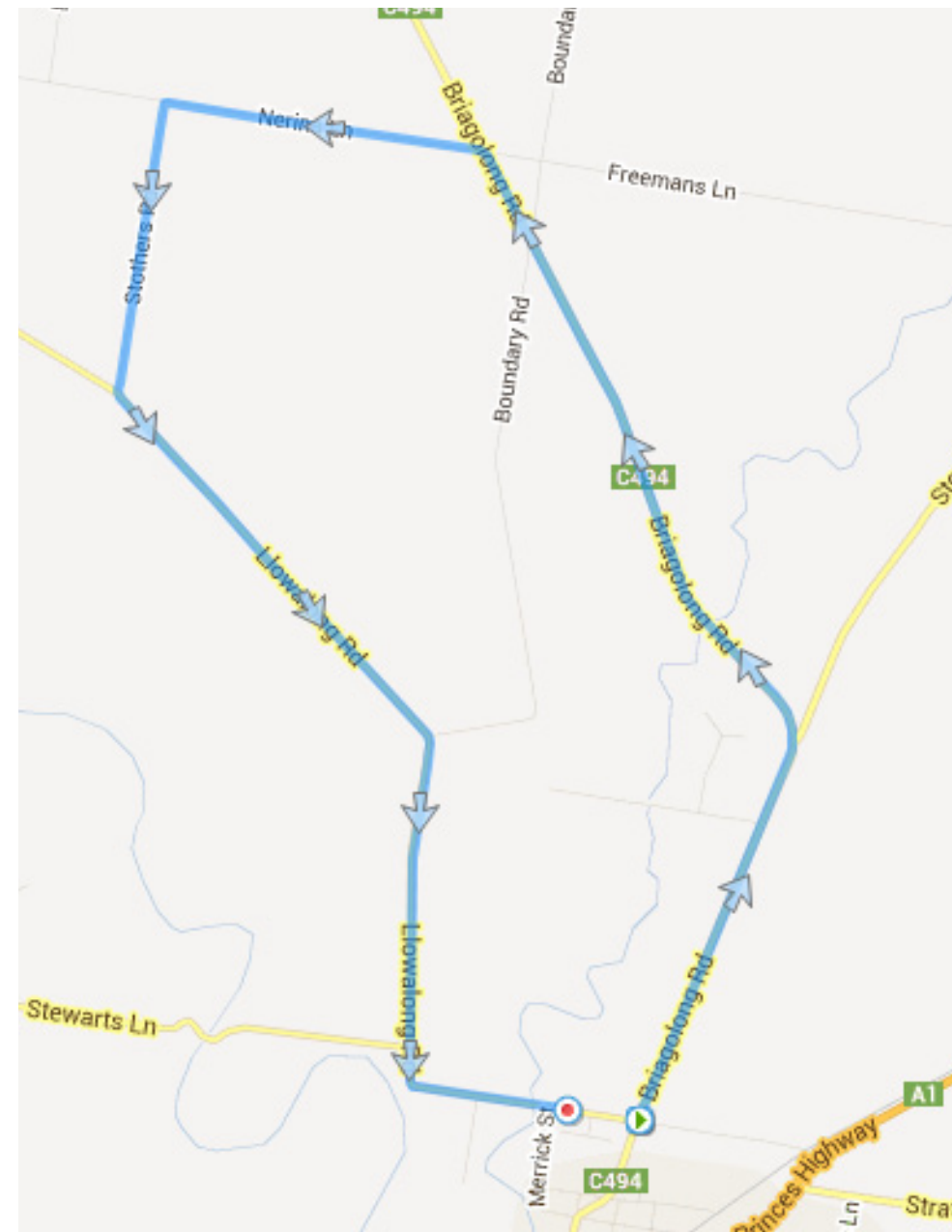
Stage 2 - Stratford ITT

Assemble at Tennis Courts. 10am start.

Route

17km TT all grades starting 10:00am. Start on corner of Stratford Briagolong Road and Llowalong Road. Proceed along Stratford Briagolong Road towards Briagolong. Turn left at Merrina Lane, left at Stothers Lane, left at Llowalong Road.

Start Time	No	Name	Grade	Start Time	No	Name	Grade
00:00:00	1	Daniel McConnell	A	00:21:00	23	David McFarlane	B
00:00:30	2	Trent Williams	A	00:21:30	24	Eamonn Feely	B
00:01:00	3	Nathan Wise	A	00:22:00	25	Paul Yeatman	B
00:01:30	4	Nathan Corrigan	A	00:22:30	26	Darren Williams	B
		Martella	A	00:23:00	27	Callan Barker	B
00:02:00	5	Oliver Le Grice	A	00:23:30	28	Geoff Thomson	B
00:02:30	6	Graeme Arnott	A	00:24:00	29	Matthew Kennelly	B
00:03:00	7	Paul Richards	A	00:24:30	30	Matthew O'Connor	B
00:03:30	8	Darren Spiteri	A	00:25:00	31	Shane Dove	B
00:04:00	9	Samuel Beveridge	A	00:25:30	32	Gary Jago	B
00:04:30	10	Jarrold Peachey	A	00:26:00	33	Simon Whitford	B
00:05:00	11	Chris Joustra	A	00:26:30	34	Ben Dowsett	B
00:05:30	12	Nick Aitken	A	00:27:00	1	Simon Anderson	C
00:06:00	13	Stuart Smith	A	00:27:30	2	Peter Shanahan	C
00:06:30	14	Ron Heron	A	00:28:00	3	Ross Honicke	C
00:07:00	15	Shane Stiles	A	00:28:30	4	Adam Lancaster	C
00:07:30	16	James Henry	A	00:29:00	5	Dean Gray	C
00:08:00	17	Kane Walker	A	00:29:30	6	Leigh Ryan	C
00:08:30	18	Brenton Jones	A	00:30:00	7	Shannon McCurley	C
00:09:00	19	Bruce Dertham	A	00:30:30	8	Rodney Cheyne	C
00:09:30	20			00:31:00	9	Morgan Clark	C
00:10:00	1	Stewart Derham	B	00:31:30	10	Rick Whitehouse	C
00:10:30	2	Marc Bouten	B	00:32:00	11	Paul Taranto	C
00:11:00	3	Robert Deery	B	00:32:30	12	Neil White	C
00:11:30	4	Eric Sjerp	B	00:33:00	13	Phill Camenzuli	C
00:12:00	5	Phillip McNeill	B	00:33:30	14	Jake Laine	C
00:12:30	6	Chris Halley	B	00:34:00	15	Kevin Feely	C
00:13:00	7	Michael Kraus	B	00:34:30	16	Phillip Brown	C
00:13:30	8	Glen Schoer	B	00:35:00	17	David Baillie	C
00:14:00	9	Phil Bechaz	B	00:35:30	18	Simon Baxter	C
00:14:30	10	Jim Timmer-Arends	B	00:36:00	19	Jason Dastey	C
00:15:00	11	Roland Elsdon	B	00:36:30	20	Rob Monk	C
00:15:30	12	Duncan Orr	B	00:37:00	21	Jayman Prestidge	C
00:16:00	13	Brett Van Berkel	B	00:37:30	22	James Lalor	C
00:16:30	14	David Shanahan	B	00:38:00	23	Steve Muggeridge	C
00:17:00	15	Justin Gravett	B	00:38:30	24	Jarryd Jones	C
00:17:30	16	Shaun Cattanach	B	00:39:00	25	Alec Mates	C
00:18:00	17	Danny Gafa	B	00:39:30	26	Judith Cahill	C
00:18:30	18	Dave Gafa	B	00:40:00	27	Neil Luxford	C
00:19:00	19	Tony Clark	B	00:40:30	28	David Wheeler	C
00:19:30	20	Clem Fries	B	00:41:00	29	Brent Sword	C
00:20:00	21	Thierry Rolland	B	00:41:30	30	DJ Newitt	C
00:20:30	22	Simon Robertson	B				



Finish at Tennis Courts. Riders away at 30 second intervals.

Stage 3 - Stratford

Assemble at Tennis Courts. 1pm start

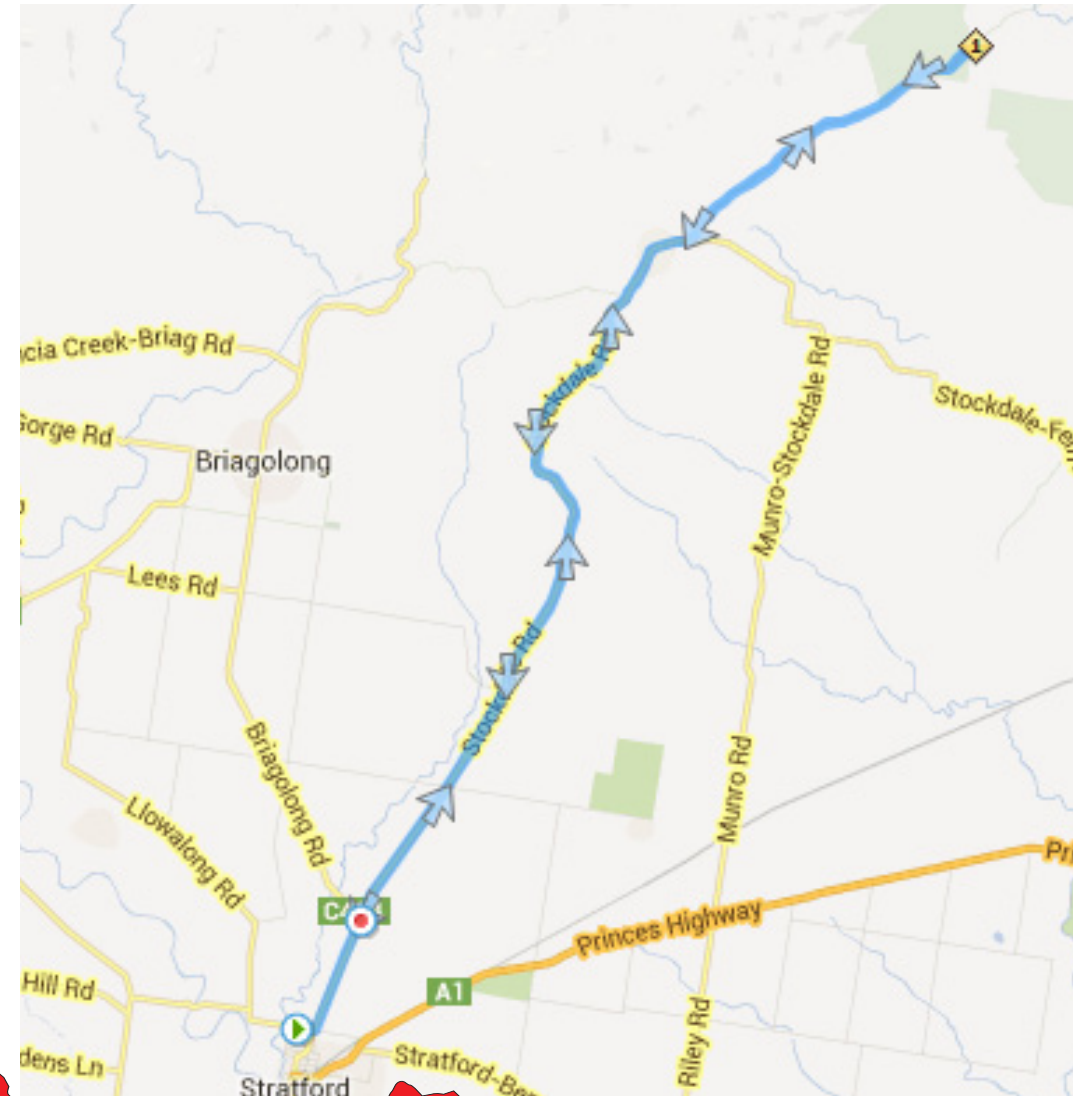
Route

Start at Tennis Courts and ride under control for 3km to the corner of Stratford Briagolong Road and Stockdale Road. Race starts when riders get onto Stockdale Road. Course is along thos road and turning left onto Beverlys Road. Turn around at the intersection of Beverlys Road and Stones Road 28.7km from the Tennis Courts. Proceed back from where riders came, turning right onto Stockdale Road. Finish is approx 200m from the corner of Statford Briagolong Road and Stockdale Road.

A Grade Out and back - 54km.

B Grade Out and back - 54km.

C Grade Out and back - 54km.



Stage 4 - Yinnar

Assemble in service road at the primary school. 10am start

Route

Yinnar: 20km circuit; start at 14:00am on main road through Yinnar. Left onto Boolara Churchill Road. Left into Hazelwood Estate Road. Left onto Main Street. Finish in Yinnar.

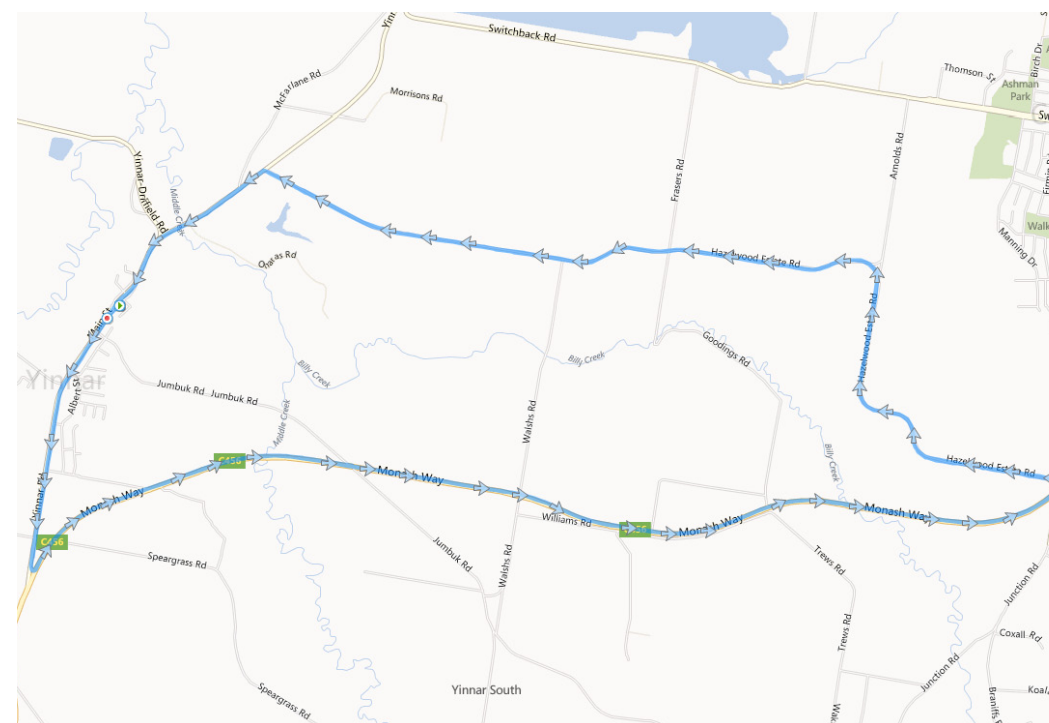
A Grade / 5 laps = 100km. Sprints at the end of laps 1, 2 & 3. KOM's on laps 1, 2, 3 & 4.

B Grade / 3 laps = 60km. Sprints at the end of laps 1 & 2. KOM's on laps 1 & 2.

C Grade / 3 laps = 40km. Sprints at the end of lap 1, KOM's on laps 1, & 2

Intermediate sprints will be at the start / finish line in Yinnar.

KOM is on Hazelwood Estate Road, 300m after turning off the Boolara Churchill Road.



Preliminaries

Clubs must have a copy of their Police race permit at the stage start.

Clubs are to organise corner marshals, placement of signs, KOM and Sprint judges, lead and following cars, and a spares vehicle.

1 General Classification

'A' grade is decided on time, and other grades are decided on points. The overall winner of 'A' grade is the rider with the lowest riding time less any bonus times over the four stages. The overall winner of other grades is the rider with the highest point score (from stage finishes, KOM, and Sprints) over the four stages. In the event that riders at the end of the Tour have equal time or equal points, the rider who first crossed the final stage finish line will be declared the winner.

The winner of 'A' grade is awarded the Tour's perpetual trophy for one year.

2 Time Bonuses and Points, KOM's and Sprints

2.1 A Grade

Time bonuses (seconds) are awarded in the road race stages, as follows:

Stage finish: 1st=10, 2nd=8, 3rd=6, 4th=4, 5th=2.

KOM: 1st=5, 2nd=3, 3rd=1

Sprint: 1st=5, 2nd=3, 3rd=1

The stage finish does not count for points in the Sprint competition. There are no bonus times or bonus points awarded in the time trial stage. In the 'A' grade event the KOM's and Sprints receive both points, for their respective competitions, and time bonuses for the general classification (GC).

2.2 B, C, & D Grades

In the 'B', 'C', & 'D' grade races KOM and Sprint points count towards the GC. Points are awarded in the road race stages, as follows:

Stage finish: 1st=16, 2nd=14, 3rd=12, 4th=10, 5th=8, 6th=6, 7th=4.

KOM: 1st=7, 2nd=5, 3rd=3, 4th=2, 5th=1

Sprint: 1st=7, 2nd=5, 3rd=3, 4th=2, 5th=1

Time Trial Points: 1st=16, 2nd=14, 3rd=12, 4th=10, 5th=8. Riders within 40 seconds of 5th place receive 6 points, within 80 seconds 4 points and all others 2 points.

The stage finish does not count for points in the Sprint competition.

3 Race Format

3.1 Grades

The Tour is four separate races 'A', 'B', 'C' & D grades. Any rider who is caught by another grade is to avoid interfering with riders from that grade by remaining at the rear of the bunch to avoid influencing the outcome of that grade's race. Riders found to be interfering will be disqualified, and not allowed to start in the following stage.

This is a graded event, and if a rider is deemed too strong, by the Race Director, (ie breaks the bunch apart within a few kilometres) for the grade entered they will be promoted to a higher grade. The promoted rider will be given higher grade bunch time and they will forfeit bonuses.

3.2 Teams

There will be a team prize for the best Gippsland Club covering all grades. Points will be awarded to the first three Gippsland riders on each stage in each grade. Points are; 1st rider = 5 pts, 2nd = 3pts, 3rd = 1pt, this applies even if the riders are not placed in the stage. It is not the first three riders from each club, it is the first three Gippsland riders. Please claim your places at the end of the stage.

4 Road Rules and Official Directions

All Victorian Road Rules must be obeyed. Following directions of Commissaires and Officials is essential. A rider who crosses solid or double white lines will incur upto \$100 fine, disqualification, and possible suspension from all racing in Victoria for six weeks.

Riders crossing white lines in Sprints or KOM's will forfeit any points won in that particular sprint. Dangerous riding will not be tolerated.

5 Race Finishes

Riders finishing in the top eight places must report their race number to the line judges. Riders must not re-cross the finish line once finished. Riders finishing within five seconds of a bunch will be given bunch time.

6 Failing to Finish

If a rider fails to finish a stage due to accident, mechanical problems, or sickness he/she will be allowed to participate in the remaining stages. They will be awarded the time of the slowest rider. They are to avoid influencing the outcome of that grade's race. Riders found to be interfering will not be allowed to start in the following stage.

7 Time Trial

Riders need to start at their designated time. If a rider misses his/her start, the rider will be slotted in, but no adjustment will be made to his/her start time. The only exception to this rule is a rider who has suffered a mechanical breakdown, and has reported his misfortune to the starting timekeeper prior to his designated starting time.

8 Punctures / breakdown

A rider who needs to stop during a stage for a puncture or other mechanical failure must immediately use a hand signal to inform other riders and the spares

vehicle, and move to a safe position completely off the road on the left hand side. Service will only be given by the spares van on the left side of the road.

9 Spares

A spares vehicle will be provided for 'A' grade only. All riders should carry their own spare tube, pump, tools in case the spares vehicle is not immediately available.

10 Protest / Appeals

Any rider wishing to lodge a protest must do so in writing to the Race Director within 15 minutes of finishing the stage. The Appeal Board will consist of the Race Director, Host Club representative, and a non-riding delegate from one other Gippsland club.

11 Lead Vehicle

Riders are not allowed to overtake the lead vehicle. Any rider who breaks this rule will be disqualified immediately.

12 Outside Assistance

A rider who receives outside assistance will incur a time and/or point penalty, the severity of which is at the discretion of the Race Director.

13 Following Vehicles.

Non-official vehicles following the race will incur a penalty for their respective rider.

14 Behaviour

Urinating in public view will incur \$50 fine and possible disqualification. Litter must be placed in bins provided at race venues, or taken home. Persons found littering will be fined upto \$50 and / or penalised.

'A' GRADE – RED NUMBERS

No	Name	Club
1	Daniel McConnell	Bairnsdale
2	Trent Williams	Bendigo
3	Nathan Wise	Carnegie
4	Nathan Corrigan Martella	Carnegie
5	Oliver Le Grice	Carnegie
6	Graeme Arnott	Central Coast
7	Paul Richards	Latrobe
8	Darren Spiteri	Latrobe
9	Samuel Beveridge	Latrobe
10	Jarrold Peachey	Latrobe
11	Chris Joustra	Latrobe
12	Nick Aitken	Leongatha
13	Stuart Smith	Leongatha
14	Ron Heron	St. Kilda
15	Shane Stiles	Warragul
16	James Henry	Warragul
17	Kane Walker	Warragul
18	Brenton Jones	Warragul
19	Bruce Dertham	Wellington

'C' GRADE – GREEN NUMBERS

No	Name	Club
1	Simon Anderson	Bairnsdale
2	Peter Shanahan	Bairnsdale
3	Ross Honicke	Bairnsdale
4	Adam Lancaster	Latrobe
5	Dean Gray	Latrobe
6	Leigh Ryan	Latrobe
7	Shannon McCurley	Latrobe
8	Rodney Cheyne	Leongatha
9	Morgan Clark	Leongatha
10	Rick Whitehouse	Leongatha
11	Paul Taranto	Leongatha
12	Neil White	Leongatha
13	Phill Camenzuli	Leongatha
14	Jake Laine	Leongatha
15	Kevin Feely	Leongatha
16	Phillip Brown	St. Kilda
17	David Baillie	Warragul
18	Simon Baxter	Warragul
19	Jason Dastey	Warragul
20	Rob Monk	Warragul
21	Jayman Prestidge	Warragul
22	James Lalor	Warragul
23	Steve Muggeridge	Warragul
24	Jarryd Jones	Warragul
25	Alec Mates	Wellington

No	Name	Club
26	Judith Cahill	Wellington
27	Neil Luxford	Wellington
28	David Wheeler	Wellington
29	Brent Sword	Wellington
30	DJ Newitt	Wynnum

'B' GRADE – WHITE NUMBERS

No	Name	Club
1	Stewart Derham	Bairnsdale
2	Marc Bouten	Bairnsdale
3	Robert Deery	Bairnsdale
4	Eric Sjerp	Bairnsdale
5	Phillip McNeill	Carnegie
6	Chris Halley	Carnegie
7	Michael Kraus	Latrobe
8	Glen Schoer	Latrobe
9	Phil Bechaz	Latrobe
10	Jim Timmer-Arends	Latrobe
11	Roland Elsdon	Latrobe
12	Duncan Orr	Latrobe
13	Brett Van Berkel	Latrobe
14	David Shanahan	Latrobe
15	Justin Gravett	Latrobe
16	Shaun Cattanach	Latrobe
17	Danny Gafa	Latrobe
18	Dave Gafa	Leongatha
19	Tony Clark	Leongatha
20	Clem Fries	Leongatha
21	Thierry Rolland	Leongatha
22	Simon Robertson	Leongatha
23	David McFarlane	Leongatha
24	Eamonn Feely	Leongatha
25	Paul Yeatman	Warragul
26	Darren Williams	Warragul
27	Callan Barker	Warragul
28	Geoff Thomson	Warragul
29	Matthew Kennelly	Warragul
30	Matthew O'Connor	Wellington
31	Shane Dove	Wellington
32	Gary Jago	Wellington
33	Simon Whitford	Wellington
34	Ben Dowsett	Wellington

Race Strategy

Stage 1 (Scratch)

Fellow cyclists to mark: _____

The Plan: _____

Race Strategy: _____

Start line arousal: very low / low / medium / high / frisky

Result (place x of y): _____

What I did well: _____

What I need to improve: _____

Aches/pains/problems post race: _____

What went down during the race: _____

Stage 2 (ITT)

Fellow cyclists to mark: _____

The Plan: _____

Race Strategy: _____

Start line arousal: very low / low / medium / high / frisky

Result (place x of y): _____

What I did well: _____

What I need to improve: _____

Aches/pains/problems post race: _____

What went down during the race: _____

Stage 3 (Scratch)

Fellow cyclists to mark: _____

The Plan: _____

Race Strategy: _____

Start line arousal: very low / low / medium / high / frisky

Result (place x of y): _____

What I did well: _____

What I need to improve: _____

Aches/pains/problems post race: _____

What went down during the race: _____

Stage 4 (Scratch)

Fellow cyclists to mark: _____

The Plan: _____

Race Strategy: _____

Start line arousal: very low / low / medium / high / frisky

Result (place x of y): _____

What I did well: _____

What I need to improve: _____

Aches/pains/problems post race: _____

What went down during the race: _____

Year	Name	Club
1964	Darryl Edwards	Warragul
1966	John Weir	Warragul
1967	Robert Kypriotis	Morwell
1968	Robert Kypriotis	Morwell
1969	John Trevorow	Morwell
1970	John Trevorow	Morwell
1971	Geoff Charleston	Traralgon
1972	Len Van Berkel	Traralgon
1973	Jim Phillipson	Sale
1974	John Trevorow	Morwell
1975	Michael Phillips	Traralgon
1976	Steve Cook	Traralgon
1977	Geoff Thomson	Warragul
1978	Greg Sands	Sale
1979	David McFarlane	Leongatha
1980	Tony Smith	Leongatha
1981	Geoff Fletcher	Morwell
1982	David McFarlane	Leongatha
1983	David McFarlane	Leongatha
1984	Rick Trevorow	Morwell
1985	David McFarlane	Leongatha
1986	Peter Phillips	Traralgon
1987	Dave McFarlane	Leongatha
1988	Phillip Gallagher	Warragul
1989	David McFarlane	Leongatha
1990	Anthony Hemming	Leongatha
1991	David McFarlane	Leongatha
1992	Troy Warren	Leongatha
1993	David McFarlane	Leongatha
1994	Wayne Kestle	Warragul
1995	Wayne Kestle	Warragul
1996	Luke Ryan	Leongatha
1997	David McFarlane	Leongatha
1998	Murray Fenwick	Warragul
1999	Murray Fenwick	Warragul
2000	Leigh O'Hara	Warragul
2001	David Salton	Warragul
2002	Joel Pearson	Warragul
2003	Joel Pearson	Warragul
2004	Gerard Murphy	Leongatha
2005	John McKenzie	Latrobe City
2006	Matt Jensen	Carnegie Caulfield
2007	Nick Aitken	Leongatha
2008	Charles Howlett	Latrobe City