

# 3DT GIPPSLAND 2010

## Host Clubs



**Latrobe City CC**



**Warragul CC**



**Leongatha CC**

Race Director: TBA

Time Keeper: Alan Beveridge

Presentations and lunch at the Wonthaggi Club at 1:30pm. Please register your intention to stay for the presentation lunch when registering on Saturday. The Wonthaggi Club has made a donation to the tour, please support them.

2009 Winners:

‘A’ Nick Aitken, Leongatha

‘B’ Jim Timmer-Arends, Latrobe City

‘C’ Rob Monk, Warragul



# Stage 1 - Boolara ITT

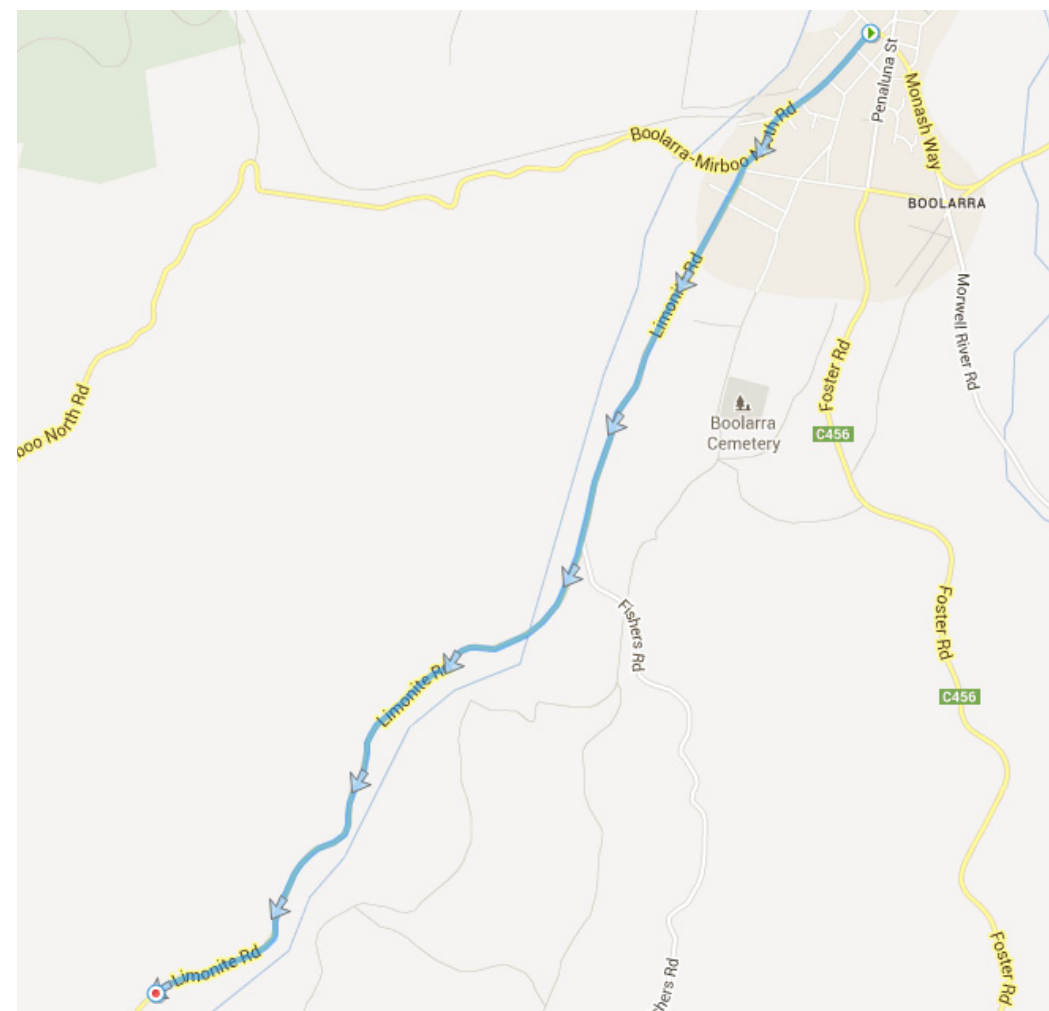
Assemble at park at Boolara for 12pm start

## Route

Ride 6km from Boolara, one way starting in Tarwin Street. Take left fork onto Linonite Road.



Start Time	No	Name	Grade	Start Time	No	Name	Grade
00:00:00	1	Nick Aitken	A	00:21:00	24	Ben Dowsett	B
00:00:30	2	Stuart Smith	A	00:21:30	25	Brent Sword	B
00:01:00	3	Chris Damelio	A	00:22:00	26	Dean Mackintosh	B
00:01:30	4	Trent Williams	A	00:22:30	27	Gary Jago	B
00:02:00	5	Stephen Hickey	A	00:23:00	28	Gary Lucas	B
00:02:30	6	Robbie Reid	A	00:23:30	29	Shane Dove	B
00:03:00	7	James Devonshire	A	00:24:00	1	Rob Monk	C
00:03:30	8	Chris Joustra	A	00:24:30	2	Chris Jones	C
00:04:00	9	Michael Krausz	A	00:25:00	3	James Lalor	C
00:04:30	10	Daniel Gafa	A	00:25:30	4	Joseph Patrick	C
00:05:00	11	Glenn Schoer	A	00:26:00	5	Charlie Davine	C
00:05:30	12	Jarrold Peachey	A	00:26:30	6	Jason Dastey	C
00:06:00	13	Samuel Beveridge	A	00:27:00	7	Matthew Kennelly	C
00:06:30	14	Ben Hilleard	A	00:27:30	8	Neil Walker	C
00:07:00	15	Luke Fletch	A	00:28:00	9	Steve Muggeridge	C
00:07:30	16	John Groves	A	00:28:30	10	John East	C
00:08:00	17	Brenton Jones	A	00:29:00	11	Katrina East	C
00:08:30	18	Kane Walker	A	00:29:30	12	Greg Walker	C
00:09:00	19	Daryl Anderson	A	00:30:00	13	Jack Hickey	C
00:09:30	1	Jim Timmer-Arends	B	00:30:30	14	Phillip Mcneill	C
00:10:00	2	Justin Gravett	B	00:31:00	15	Adam Lancaster	C
00:10:30	3	Roland Elsdon	B	00:31:30	16	Chris Henne	C
00:11:00	4	Brett Van Berkel	B	00:32:00	17	Colin Aitken	C
00:11:30	5	David Shanahan	B	00:32:30	18	David Redman	C
00:12:00	6	Duncan Orr	B	00:33:00	19	Jerome Bechaz	C
00:12:30	7	Alistair Crameri	B	00:33:30	20	John Taylor	C
00:13:00	8	Boyd Friis	B	00:34:00	21	Paul King	C
00:13:30	9	Chris Halley	B	00:34:30	22	Phillip Bechaz	C
00:14:00	10	Frank Donnelly	B	00:35:00	23	Wayne Collins	C
00:14:30	11	Gary Lucas	B	00:35:30	24	Elliot Gin	C
00:15:00	12	Gerard Donnelly	B	00:36:00	25	Jason Scott	C
00:15:30	13	Mick Day	B	00:36:30	26	Kevin Feely	C
00:16:00	14	Eamonn Feely	B	00:37:00	27	Neil White	C
00:16:30	15	Ronald Purtle	B	00:37:30	28	Peter Hollins	C
00:17:00	16	Tom Debenham	B	00:38:00	29	Philli Hanley	C
00:17:30	17	Tony Clark	B	00:38:30	30	Steven Piasente	C
00:18:00	18	Phil Camenzuli	B	00:39:00	31	Alec Mates	C
00:18:30	19	Tony Smith	B	00:39:30	32	John Bodey	C
00:19:00	20	Jarryd Jones	B	00:40:00	33	Judith Cahill	C
00:19:30	21	Geoff Thomson	B	00:40:30	34	Kristey Glover	C
00:20:00	22	Paul Yeatman	B	00:41:00	35	Norm Gray	C
00:20:30	23	Thomas Sandner	B	00:41:30	36	Aaron Wain	C



## Stage 2 - Boolara

Assemble in Tarwin Street. 1:30pm start.

### Route

Boolara: 25km circuit on Tarwin Street, left fork onto Limonite Road, left onto Boolara South Road, Boolara Foster Road, Penaluna Street, left onto Christian Street (Boolara Churchill Road), left onto Tarwin Street.

The start is in Tarwin Street. The finish is in Penaluna Street.

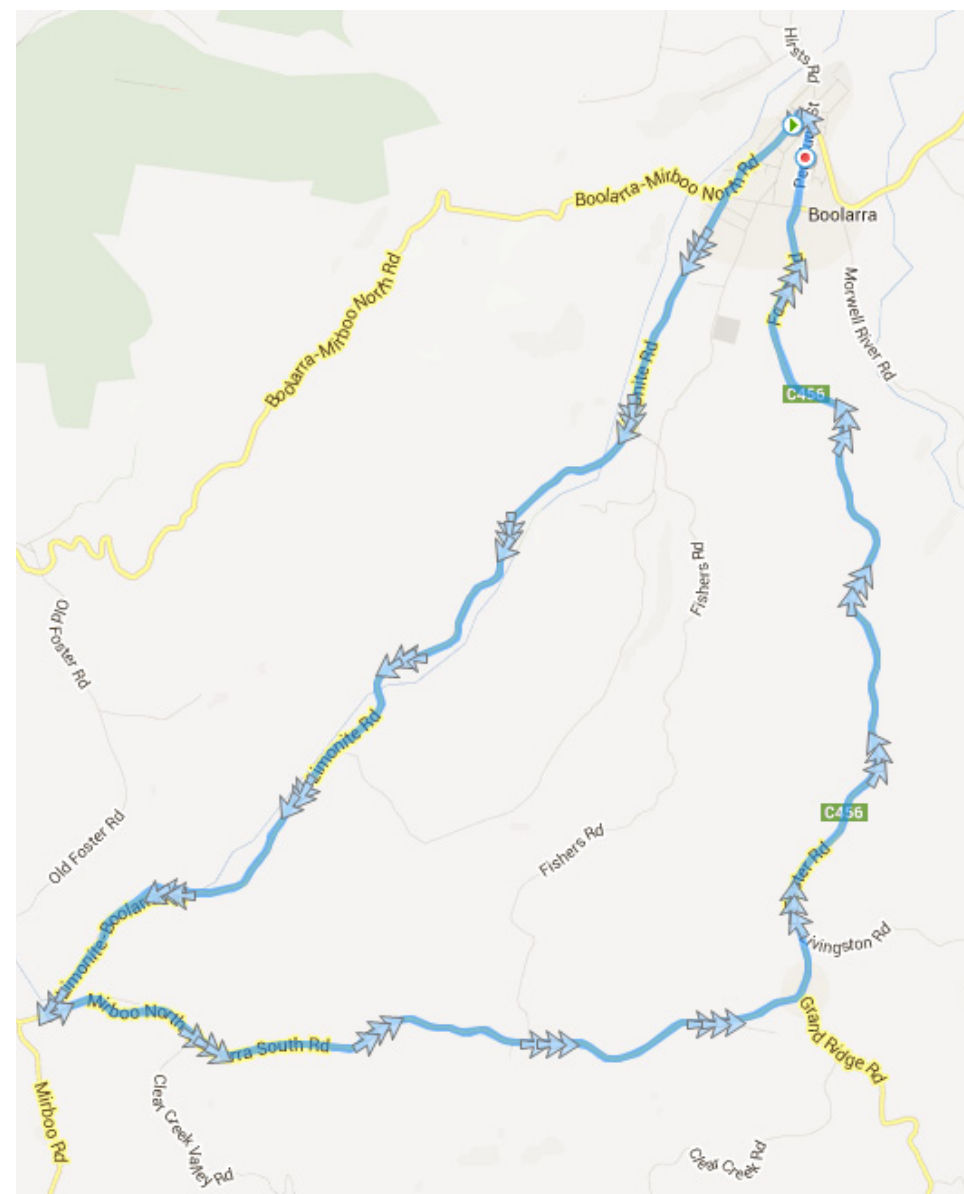
A Grade / 4 laps = 100km. Sprints at the end of laps 1, 2 & 3. KOM's on laps 1, 2 & 3.

B Grade / 3 laps = 75km. Sprints at the end of laps 1 & 2. KOM's on laps 1 & 2.

C Grade / 2 laps = 50km. Sprints at the end of lap 1, KOM's on laps 1 & 2.

Intermediate sprints will be at the finish line in Penaluna Street.

KOM will be on Boolara South Road, approximately 2km after turning left onto this road.





## Stage 3 - Shady Creek

Assemble at Shady Creek Hall. 10am start

### Route

Shady Creek; 17km circuit on Darnum - Shady Creek Road, left onto Nilma North Road, sharp left onto Stuhls Road, left onto Darnum - Shady Creek Road.

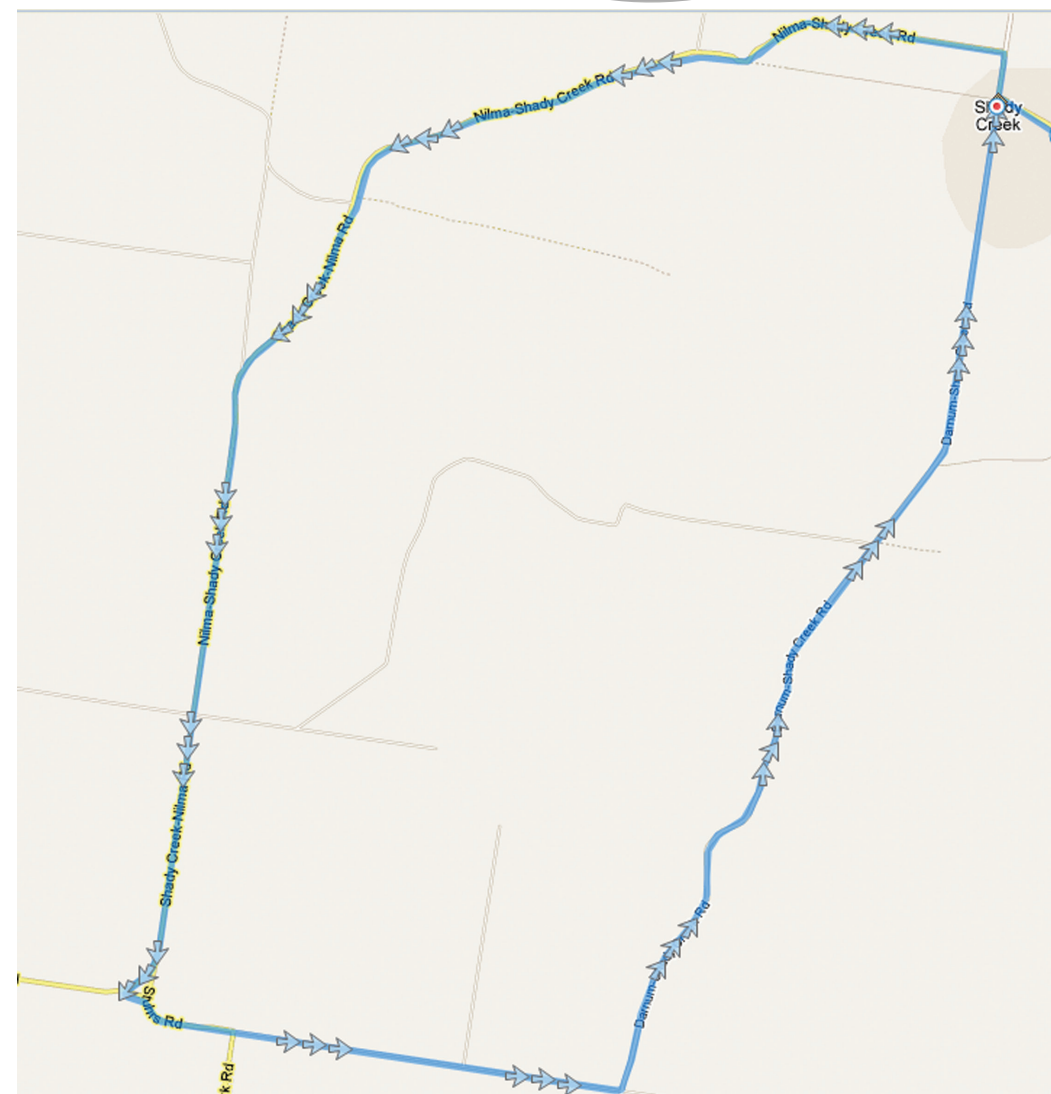
A Grade / 5 laps = 85km. Sprints at the end of laps 1, 2, 3, & 4. KOM's on laps 2, 3, 4 & 5.

B Grade / 4 laps = 68km. Sprints at the end of laps 1, 2, & 3. KOM's on laps 2, 3, & 4

C Grade / 3 laps = 51km. Sprints at the end of laps 1, & 2, KOM's on laps 2 & 3.

D Grade / 2 laps = 34km. Sprints at end of lap 1. KOM on lap 2.

Intermediate sprints will be at the Finish Line on the Darnum- Shady Creek Road just prior to the T-intersection with the Yarragon-Shady Creek Road. KOMs' will be at the top of the 1.8km long hill on the Nilma North Road.



## Stage 4 - Wonthaggi

Assemble at North Oval. 10am start.

### Route

Start at North Oval. Ride to Kongwak on Lynnes Road and Inverloch Kongwak Road, back through Korrine on Wonthaggi Korumburra Road (36kms).

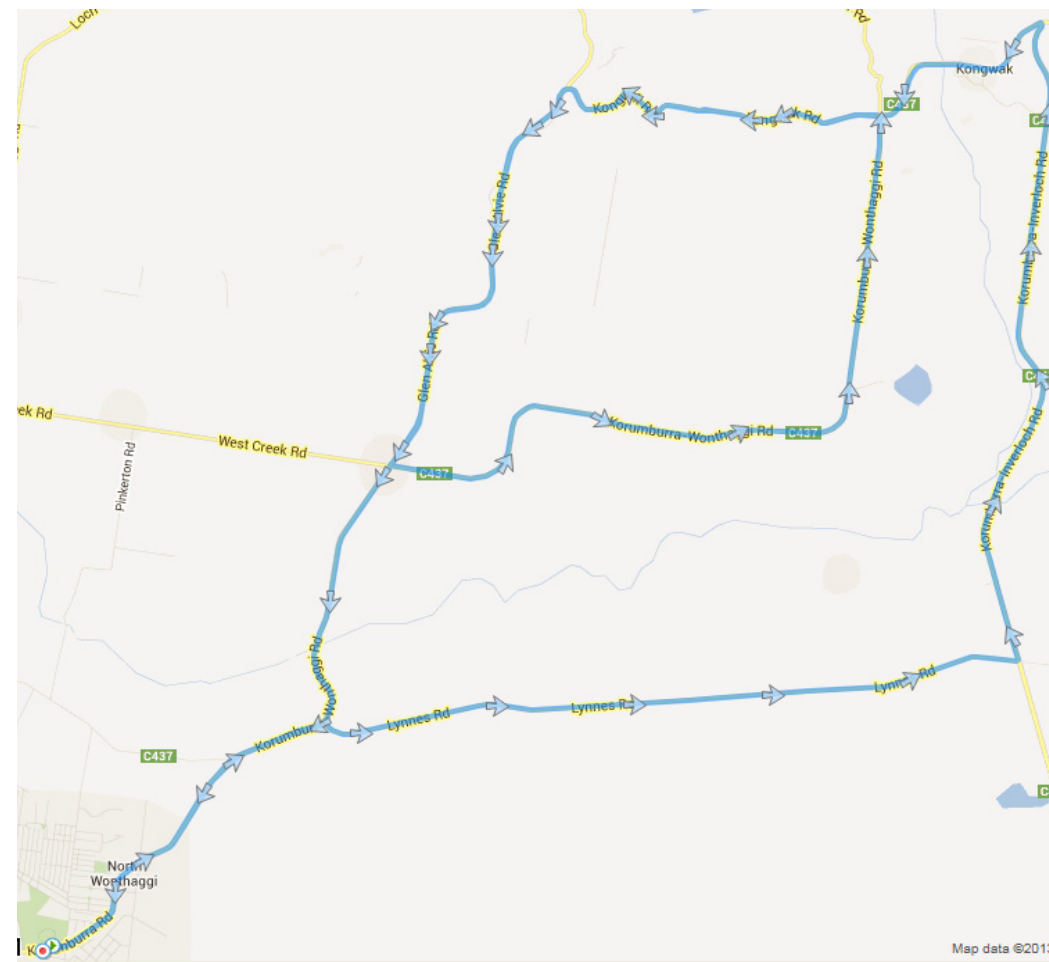
Subsequent laps on Lance Creek and McCraws Road to Korrine (18kms).

Return to Wonthaggi for finish.

A Grade / 3 laps = 77km. Sprints on laps 1 & 2. KOMS on laps 1 & 2.

B Grade / 2 laps = 59km. Sprints on laps 1 & 2. KOMS on laps 1 & 2.

C Grade / 1 lap = 41km. Sprints on lap 1. KOM on lap 1.



130

20

## Preliminaries

Clubs must have a copy of their Police race permit at the stage start.

Clubs are to organise corner marshals, placement of signs, KOM and Sprint judges, lead and following cars, and a spares vehicle.

## 1 General Classification

'A' grade is decided on time, and other grades are decided on points. The overall winner of 'A' grade is the rider with the lowest riding time less any bonus times over the four stages. The overall winner of other grades is the rider with the highest point score (from stage finishes, KOM, and Sprints) over the four stages. In the event that riders at the end of the Tour have equal time or equal points, the rider who first crossed the final stage finish line will be declared the winner.

The winner of 'A' grade is awarded the Tour's perpetual trophy for one year.

## 2 Time Bonuses and Points, KOM's and Sprints

### 2.1 A Grade

Time bonuses (seconds) are awarded in the road race stages, as follows:

Stage finish: 1<sup>st</sup>=10, 2<sup>nd</sup>=8, 3<sup>rd</sup>=6, 4<sup>th</sup>=4, 5<sup>th</sup>=2.

KOM: 1<sup>st</sup>=5, 2<sup>nd</sup>=3, 3<sup>rd</sup>=1

Sprint: 1<sup>st</sup>=5, 2<sup>nd</sup>=3, 3<sup>rd</sup>=1

The stage finish does not count for points in the Sprint competition. There are no bonus times or bonus points awarded in the time trial stage. In the 'A' grade event the KOM's and Sprints receive both points, for their respective competitions, and time bonuses for the general classification (GC).

### 2.2 B, C, & D Grades

In the 'B', 'C', & 'D' grade races KOM and Sprint points count towards the GC.

Points are awarded in the road race stages, as follows:

Stage finish: 1<sup>st</sup>=16, 2<sup>nd</sup>=14, 3<sup>rd</sup>=12, 4<sup>th</sup>=10, 5<sup>th</sup>=8, 6<sup>th</sup>=6, 7<sup>th</sup>=4.

KOM: 1<sup>st</sup>=7, 2<sup>nd</sup>=5, 3<sup>rd</sup>=3, 4<sup>th</sup>=2, 5<sup>th</sup>=1

Sprint: 1<sup>st</sup>=7, 2<sup>nd</sup>=5, 3<sup>rd</sup>=3, 4<sup>th</sup>=2, 5<sup>th</sup>=1

Time Trial Points: 1<sup>st</sup>=16, 2<sup>nd</sup>=14, 3<sup>rd</sup>=12, 4<sup>th</sup>=10, 5<sup>th</sup>=8. Riders within 40 seconds of 5<sup>th</sup> place receive 6 points, within 80 seconds 4 points and all others 2 points.

The stage finish does not count for points in the Sprint competition.

## 3 Race Format

### 3.1 Grades

The Tour is four separate races 'A', 'B', 'C' & D grades. Any rider who is caught by another grade is to avoid interfering with riders from that grade by remaining at the rear of the bunch to avoid influencing the outcome of that grade's race. Riders found to be interfering will be disqualified, and not allowed to start in the following stage.

This is a graded event, and if a rider is deemed too strong, by the Race Director, (ie breaks the bunch apart within a few kilometres) for the grade entered they will be promoted to a higher grade. The promoted rider will be given higher grade bunch time and they will forfeit bonuses.

### 3.2 Teams

There will be a team prize for the best Gippsland Club covering all grades. Points will be awarded to the first three Gippsland riders on each stage in each grade. Points are; 1<sup>st</sup> rider = 5 pts, 2<sup>nd</sup> = 3pts, 3<sup>rd</sup> = 1pt, this applies even if the riders are not placed in the stage. It is not the first three riders from each club, it is the first three Gippsland riders. Please claim your places at the end of the stage.

## 4 Road Rules and Official Directions

All Victorian Road Rules must be obeyed. Following directions of Commissaires and Officials is essential. A rider who crosses solid or double white lines will incur upto \$100 fine, disqualification, and possible suspension from all racing in Victoria for six weeks.

Riders crossing white lines in Sprints or KOM's will forfeit any points won in that particular sprint. Dangerous riding will not be tolerated.

## 5 Race Finishes

Riders finishing in the top eight places must report their race number to the line judges. Riders must not re-cross the finish line once finished. Riders finishing within five seconds of a bunch will be given bunch time.

## 6 Failing to Finish

If a rider fails to finish a stage due to accident, mechanical problems, or sickness he/she will be allowed to participate in the remaining stages. They will be awarded the time of the slowest rider. They are to avoid influencing the outcome of that grade's race. Riders found to be interfering will not be allowed to start in the following stage.

## 7 Time Trial

Riders need to start at their designated time. If a rider misses his/her start, the rider will be slotted in, but no adjustment will be made to his/her start time. The only exception to this rule is a rider who has suffered a mechanical breakdown, and has reported his misfortune to the starting timekeeper prior to his designated starting time.

## 8 Punctures / breakdown

A rider who needs to stop during a stage for a puncture or other mechanical failure must immediately use a hand signal to inform other riders and the spares

vehicle, and move to a safe position completely off the road on the left hand side. Service will only be given by the spares van on the left side of the road.

## 9 Spares

A spares vehicle will be provided for 'A' grade only. All riders should carry their own spare tube, pump, tools in case the spares vehicle is not immediately available.

## 10 Protest / Appeals

Any rider wishing to lodge a protest must do so in writing to the Race Director within 15 minutes of finishing the stage. The Appeal Board will consist of the Race Director, Host Club representative, and a non-riding delegate from one other Gippsland club.

## 11 Lead Vehicle

Riders are not allowed to overtake the lead vehicle. Any rider who breaks this rule will be disqualified immediately.

## 12 Outside Assistance

A rider who receives outside assistance will incur a time and/or point penalty, the severity of which is at the discretion of the Race Director.

## 13 Following Vehicles.

Non-official vehicles following the race will incur a penalty for their respective rider.

## 14 Behaviour

Urinating in public view will incur \$50 fine and possible disqualification. Litter must be placed in bins provided at race venues, or taken home. Persons found littering will be fined upto \$50 and / or penalised.

## 'A' GRADE – RED NUMBERS

No	Name	Club
1	Nick Aitken	Leongatha
2	Stuart Smith	Leongatha
3	Chris Damelio	Bairnsdale
4	Trent Williams	Bendigo
5	Stephen Hickey	Chelsea
6	Robbie Reid	Ffast
7	James Devonshire	Hawthorn
8	Chris Joustra	Latrobe
9	Michael Krausz	Latrobe
10	Daniel Gafa	Latrobe
11	Glenn Schoer	Latrobe
12	Jarrold Peachey	Latrobe
13	Samuel Beveridge	Latrobe
14	Ben Hilleard	Mornington
15	Luke Fletch	Mornington
16	John Groves	MTBA
17	Brenton Jones	Warragul
18	Kane Walker	Warragul
19	Daryl Anderson	Warragul

## 'C' GRADE – WHITE NUMBERS

No	Name	Club
1	Rob Monk	Warragul
2	Chris Jones	Warragul
3	James Lalor	Warragul
4	Joseph Patrick	Warragul
5	Charlie Davine	Warragul
6	Jason Dastey	Warragul
7	Matthew Kennelly	Warragul
8	Neil Walker	Warragul
9	Steve Muggeridge	Warragul
10	John East	Bairnsdale
11	Katrina East	Bairnsdale
12	Greg Walker	Carnegie
13	Jack Hickey	Carnegie
14	Phillip Mcneill	Carnegie
15	Adam Lancaster	Latrobe
16	Chris Henne	Latrobe
17	Colin Aitken	Latrobe
18	David Redman	Latrobe
19	Jerome Bechaz	Latrobe
20	John Taylor	Latrobe
21	Paul King	Latrobe
22	Phillip Bechaz	Latrobe
23	Wayne Collins	Latrobe
24	Elliot Gin	Leongatha
25	Jason Scott	Leongatha

26	Kevin Feely	Leongatha
27	Neil White	Leongatha
28	Peter Hollins	Leongatha
29	Philli Hanley	Leongatha
30	Steven Piasente	Leongatha
31	Alec Mates	Wellington
32	John Bodey	Wellington
33	Judith Cahill	Wellington
34	Kristey Glover	Wellington
35	Norm Gray	Wellington
36	Aaron Wain	Wellington

## 'B' GRADE – GREEN NUMBERS

No	Name	Club
1	James Timmer-Arends	Latrobe
2	Justin Gravett	Latrobe
3	Roland Elsdon	Latrobe
4	Brett Van Berkel	Latrobe
5	David Shanahan	Latrobe
6	Duncan Orr	Latrobe
7	Alistair Crameri	Carnegie Caulfield
8	Boyd Friis	Carnegie Caulfield
9	Chris Halley	Carnegie Caulfield
10	Frank Donnelly	Carnegie Caulfield
11	Gary Lucas	Carnegie Caulfield
12	Gerard Donnelly	Carnegie Caulfield
13	Mick Day	Carnegie Caulfield
14	Eamonn Feely	Leongatha
15	Ronald Purtle	Leongatha
16	Tom Debenham	Leongatha
17	Tony Clark	Leongatha
18	Phil Camenzuli	Leongatha
19	Tony Smith	Leongatha
20	Jarryd Jones	Warragul
21	Geoff Thomson	Warragul
22	Paul Yeatman	Warragul
23	Thomas Sandner	Warragul
24	Ben Dowsett	Wellington
25	Brent Sword	Wellington
26	Dean Mackintosh	Wellington
27	Gary Jago	Wellington
28	Gary Lucas	Wellington
29	Shane Dove	Wellington

## Race Strategy

### Stage 1 (ITT)

Fellow cyclists to mark: \_\_\_\_\_

The Plan: \_\_\_\_\_

Race Strategy: \_\_\_\_\_

\_\_\_\_\_

Start line arousal: very low / low / medium / high / frisky

Result (place x of y): \_\_\_\_\_

What I did well: \_\_\_\_\_

What I need to improve: \_\_\_\_\_

Aches/pains/problems post race: \_\_\_\_\_

What went down during the race: \_\_\_\_\_

\_\_\_\_\_

### Stage 2 (Scratch)

Fellow cyclists to mark: \_\_\_\_\_

The Plan: \_\_\_\_\_

Race Strategy: \_\_\_\_\_

\_\_\_\_\_

Start line arousal: very low / low / medium / high / frisky

Result (place x of y): \_\_\_\_\_

What I did well: \_\_\_\_\_

What I need to improve: \_\_\_\_\_

Aches/pains/problems post race: \_\_\_\_\_

What went down during the race: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### Stage 3 (Scratch)

Fellow cyclists to mark: \_\_\_\_\_

The Plan: \_\_\_\_\_

Race Strategy: \_\_\_\_\_

\_\_\_\_\_

Start line arousal: very low / low / medium / high / frisky

Result (place x of y): \_\_\_\_\_

What I did well: \_\_\_\_\_

What I need to improve: \_\_\_\_\_

Aches/pains/problems post race: \_\_\_\_\_

What went down during the race: \_\_\_\_\_

\_\_\_\_\_

### Stage 4 (Scratch)

Fellow cyclists to mark: \_\_\_\_\_

The Plan: \_\_\_\_\_

Race Strategy: \_\_\_\_\_

\_\_\_\_\_

Start line arousal: very low / low / medium / high / frisky

Result (place x of y): \_\_\_\_\_

What I did well: \_\_\_\_\_

What I need to improve: \_\_\_\_\_

Aches/pains/problems post race: \_\_\_\_\_

What went down during the race: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



Year	Name	Club
1964	Darryl Edwards	Warragul
1966	John Weir	Warragul
1967	Robert Kypriotis	Morwell
1968	Robert Kypriotis	Morwell
1969	John Trevorow	Morwell
1970	John Trevorow	Morwell
1971	Geoff Charleston	Traralgon
1972	Len Van Berkel	Traralgon
1973	Jim Phillipson	Sale
1974	John Trevorow	Morwell
1975	Michael Phillips	Traralgon
1976	Steve Cook	Traralgon
1977	Geoff Thomson	Warragul
1978	Greg Sands	Sale
1979	David McFarlane	Leongatha
1980	Tony Smith	Leongatha
1981	Geoff Fletcher	Morwell
1982	David McFarlane	Leongatha
1983	David McFarlane	Leongatha
1984	Rick Trevorow	Morwell
1985	David McFarlane	Leongatha
1986	Peter Phillips	Traralgon
1987	Dave McFarlane	Leongatha
1988	Phillip Gallagher	Warragul
1989	David McFarlane	Leongatha
1990	Anthony Hemming	Leongatha
1991	David McFarlane	Leongatha
1992	Troy Warren	Leongatha
1993	David McFarlane	Leongatha
1994	Wayne Kestle	Warragul
1995	Wayne Kestle	Warragul
1996	Luke Ryan	Leongatha
1997	David McFarlane	Leongatha
1998	Murray Fenwick	Warragul
1999	Murray Fenwick	Warragul
2000	Leigh O'Hara	Warragul
2001	David Salton	Warragul
2002	Joel Pearson	Warragul
2003	Joel Pearson	Warragul
2004	Gerard Murphy	Leongatha
2005	John McKenzie	Latrobe City
2006	Matt Jensen	Carnegie Caulfield
2007	Nick Aitken	Leongatha
2008	Charles Howlett	Latrobe City
2009	Nick Aitken	Leongatha