

3DT GIPPSLAND 2011

Host Clubs

Wellington Cycling Club



Warragul Cycling Club



Latrobe City Cycling Club



Race Director: Karin Jones
Timekeeper: Alan Beveridge

Presentation lunch at The Willow Grove Football Club, Monday at 1330hrs. Note if you're ready for lunch earlier, the club would appreciate if you got in early, as there is likely to be over 100 people interested in lunch.

2010 Winners:

'A' Brenton Jones, Warragul
'B' Gerard Donnelly, Carnegie
'C' Peter Hollins, Leongatha



Day 1 - Heyfield

Assemble at the Heyfield bowling club, George Street, Heyfield.

'A' grade starts first, followed by 'B', then 'C', then 'D' at 2 minute intervals

Route

26.3km circuit. Start in George Street, neutral to Licola Road, commence race after round-about on Licola Road. Left onto Seaton-Glenmaggie Road, which continues as Seymour's Lane. Left at Seaton-Heyfield Road. Left into Firebrace Road, and left onto Licola road. The finish is on the Seaton-Heyfield Road, approx 300meters before Firebrace Road.

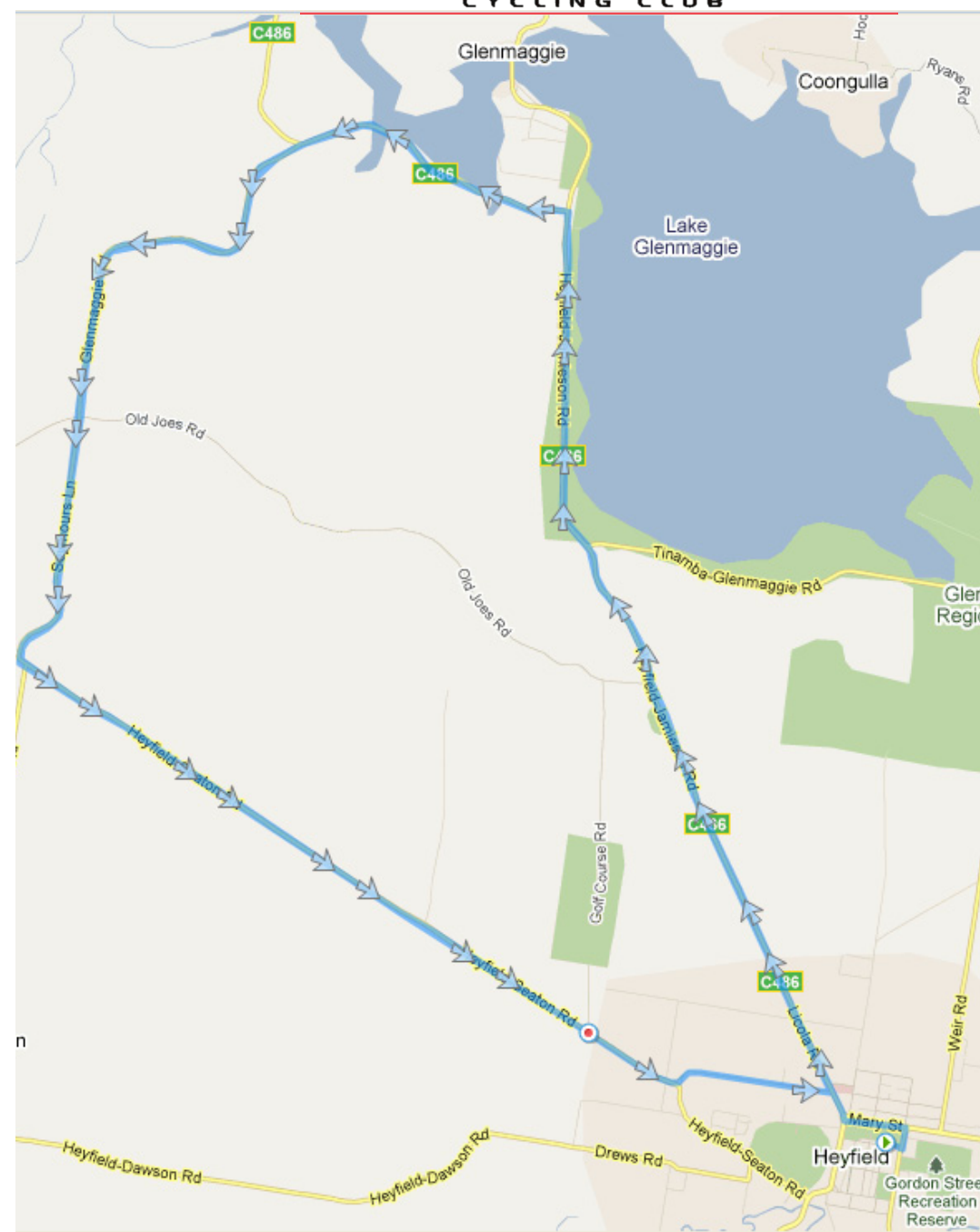
A Grade / 3 laps = 77km. Sprints on laps 1 & 2, KOM's on laps 1,2, &3

B Grade / 2 laps = 51km. Sprint on lap 1, KOM's on laps 1 & 2.

C Grade / 2 laps = 51km. Sprint on lap 1, KOM's on laps 1 & 2.

D Grade / 1 lap = 24.6km. No sprint, KOM on lap 1.

The intermediate sprint is at the finish line on the Seaton-Heyfield Road. The KOM is 12.2km after the start on the Seaton-Glenmaggie Road.



Day 2 - Shady Creek

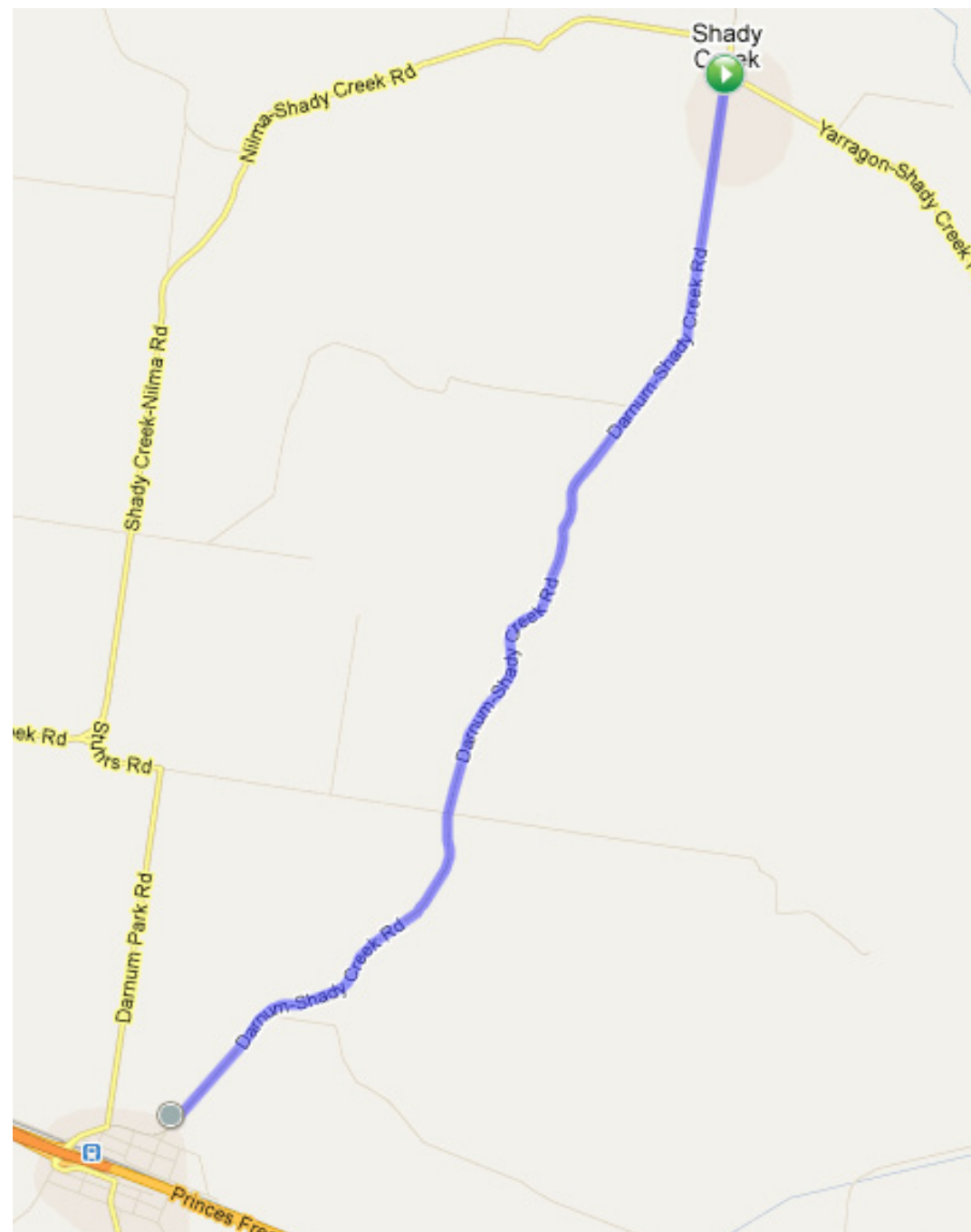
Assemble at Shady Creek Hall on the Yarragon – Shady Creek Road.



Route

8.77km TT all grades starting 10:00am. Shady Creek to Darnum, one way. Riders away at 30 second intervals

Start	No	Name	Start	No	Name
0:00:00	41	BENJAMIN STEIN	0:20:00	13	JOSEPH PATRICK
0:00:30	42	CLINT WILSON	0:20:30	14	JUSTIN MATTHEWS
0:01:00	43	HAYDEN BED	0:21:00	15	KEVIN FEELY
0:01:30	44	METHIESON JENKIN	0:21:30	16	KRISTY GLOVER
0:02:00	45	JOHN BODEY	0:22:00	17	LACHLAN MATTHEWS
0:02:30	46	JOHN TAYLOR	0:22:30	18	LEIGH ATKINS
0:03:00	30	AARON WAIN	0:23:00	19	LUCY COLDWELL
0:03:30	31	ALEC MATES	0:23:30	20	PAUL YEATMAN
0:04:00	32	CHRIS HENNE	0:24:00	21	PETER FINLAYSON
0:04:30	33	CYRUS MONK	0:24:30	22	PHILLIP BECHAZ
0:05:00	34	DAVID REDMAN	0:25:00	23	PHILLIP MCNEILL
0:05:30	35	GARY LUCAS	0:25:30	24	ROB MONK
0:06:00	36	GEORGE TAMBASSIS	0:26:00	25	ROLAND ELSDON
0:06:30	37	GRAEME PATRICK	0:26:30	26	SHANE DOVE
0:07:00	38	JACK WALK	0:27:00	27	STUART DERHAM
0:07:30	39	JAYDN MANINITVELD	0:27:30	28	ARNO VAN DER SCHANS
0:08:00	40	JUDITH CAHILL	0:28:00	29	TIMOTHY VAN DER SCHANS
0:08:30	41	LEIGH RYAN	0:28:30	30	JARRYD JONES
0:09:00	42	MARCUS HALL	0:29:00	31	PETER HOLLINS
0:09:30	43	MORGAN BARNES	0:29:30	1	BRENTON JONES
0:10:00	44	NEIL WALKER	0:30:00	2	BEN DOWSETT
0:10:30	45	NEIL WHITE	0:30:30	3	CHRIS JEHU
0:11:00	46	OLIVIA VEREY	0:31:00	4	CHRIS JOUSTRA
0:11:30	47	PHILIP HANLEY	0:31:30	5	DANIEL GAFA
0:12:00	48	PHILLIP CAMENZULI	0:32:00	6	DARREN SPITERI
0:12:30	49	STEVE ALLEN	0:32:30	7	DARRYL ANDERSON
0:13:00	50	STEVE MUGGERIDGE	0:33:00	8	DAVID SHANAHAN
0:13:30	51	WAYNE COLLINS	0:33:30	9	GEOFF THOMSON
0:14:00	1	BRUCE DERHAM	0:34:00	10	GLENN SCHOER
0:14:30	2	CHRIS HALLEY	0:34:30	11	JAMES HENRY
0:15:00	3	CLEM FRIES	0:35:00	12	JUSTIN GRAVETT
0:15:30	4	COLIN AITKEN	0:35:30	13	MICHAEL KRAUSZ
0:16:00	5	DEAN MACKINTOSH	0:36:00	14	SAMUEL BEVERIDGE
0:16:30	6	DUNCAN ORR	0:36:30	15	SIMON BAXTER
0:17:00	7	GAVIN SLAVIN	0:37:00	16	TIMMER-ARENDS
0:17:30	8	JAMES LALOR	0:37:30	17	TONY CLARK
0:18:00	9	JASON DASTEY	0:38:00	18	BRETT VAN BERKEL
0:18:30	10	JASON SCOTT	0:38:30	19	KANE WALKER
0:19:00	11	JAYMAN PRESTIDGE			
0:19:30	12	JEROME BECHAZ			



Day 2 - Shady Creek

Assemble at Shady Creek Hall on the Yarragon – Shady Creek Road.

Route

Shady Creek; 17km circuit on Darnum- Shady Creek Road, left onto Nilma North Road, sharp left onto Stuhrs Road, left onto Darnum-Shady Creek Road.

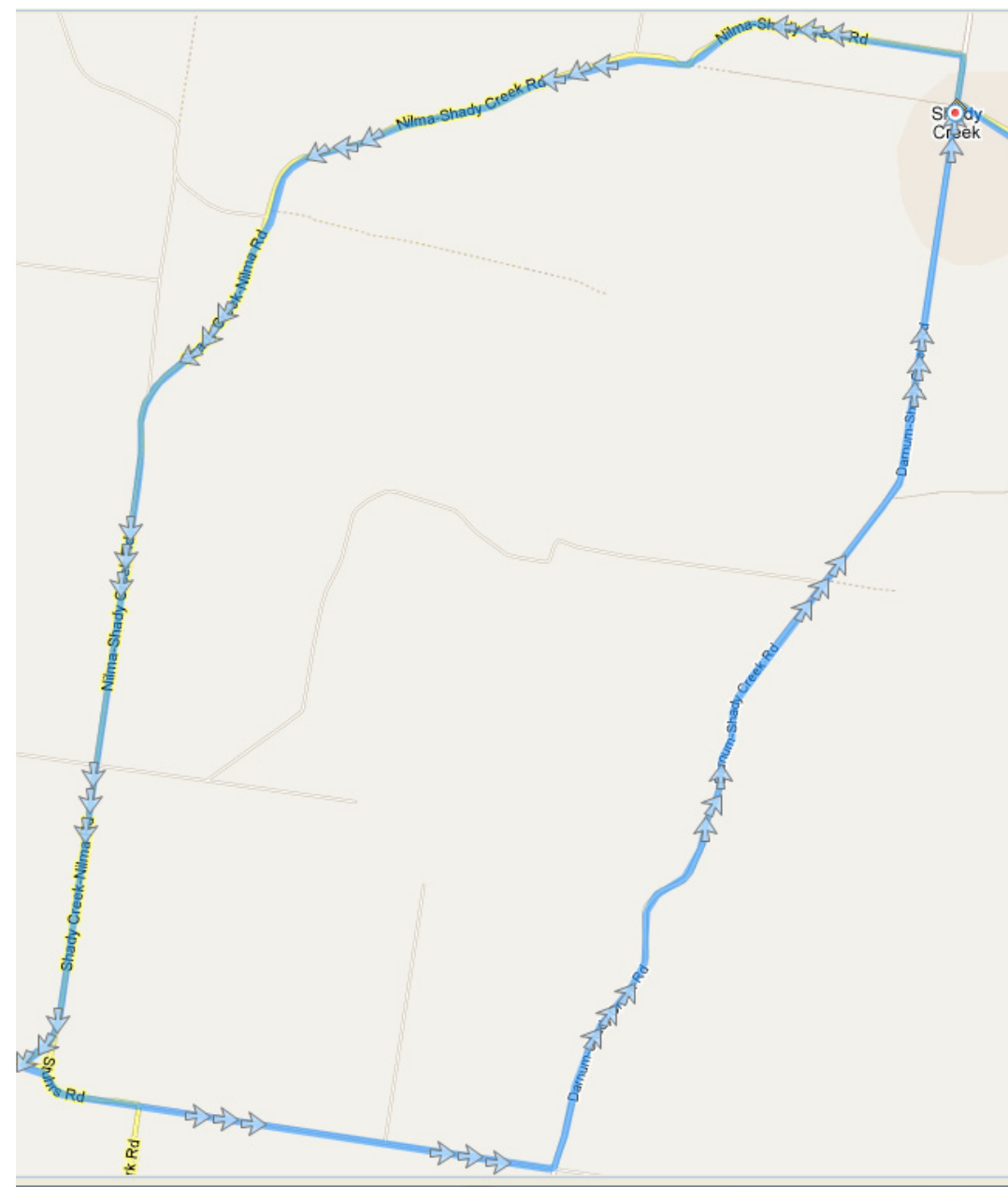
A Grade / 5 laps = 85km. Sprints at the end of laps 1, 2, 3, & 4. KOM's on laps 2, 3, 4 & 5.

B Grade / 4 laps = 68km. Sprints at the end of laps 1, 2, & 3. KOM's on laps 2, 3, & 4

C Grade / 3 laps = 51km. Sprints at the end of laps 1, & 2, KOM's on laps 2 & 3.

D Grade / 2 laps = 34km. Sprints at end of lap 1. KOM on lap 2.

Intermediate sprints will be at the Finish Line on the Darnum- Shady Creek Road just prior to the T-intersection with the Yarragon-Shady Creek Road. KOMs' will be at the top of the 1.8km long hill on the Nilma North Road.



Day 3 - Willow Grove

Assemble at Willow Grove Football Ground.

Route

Willow Grove: 30km circuit; start at 10:00am on main road through Willow Grove. Left onto Willow Grove Road towards Trafalgar. Left at Old Sale Road which continues as Obrien's Road. Left onto Moe-Walhalla Road, left onto Moe-Willow Grove Road. Finish in Willow Grove.

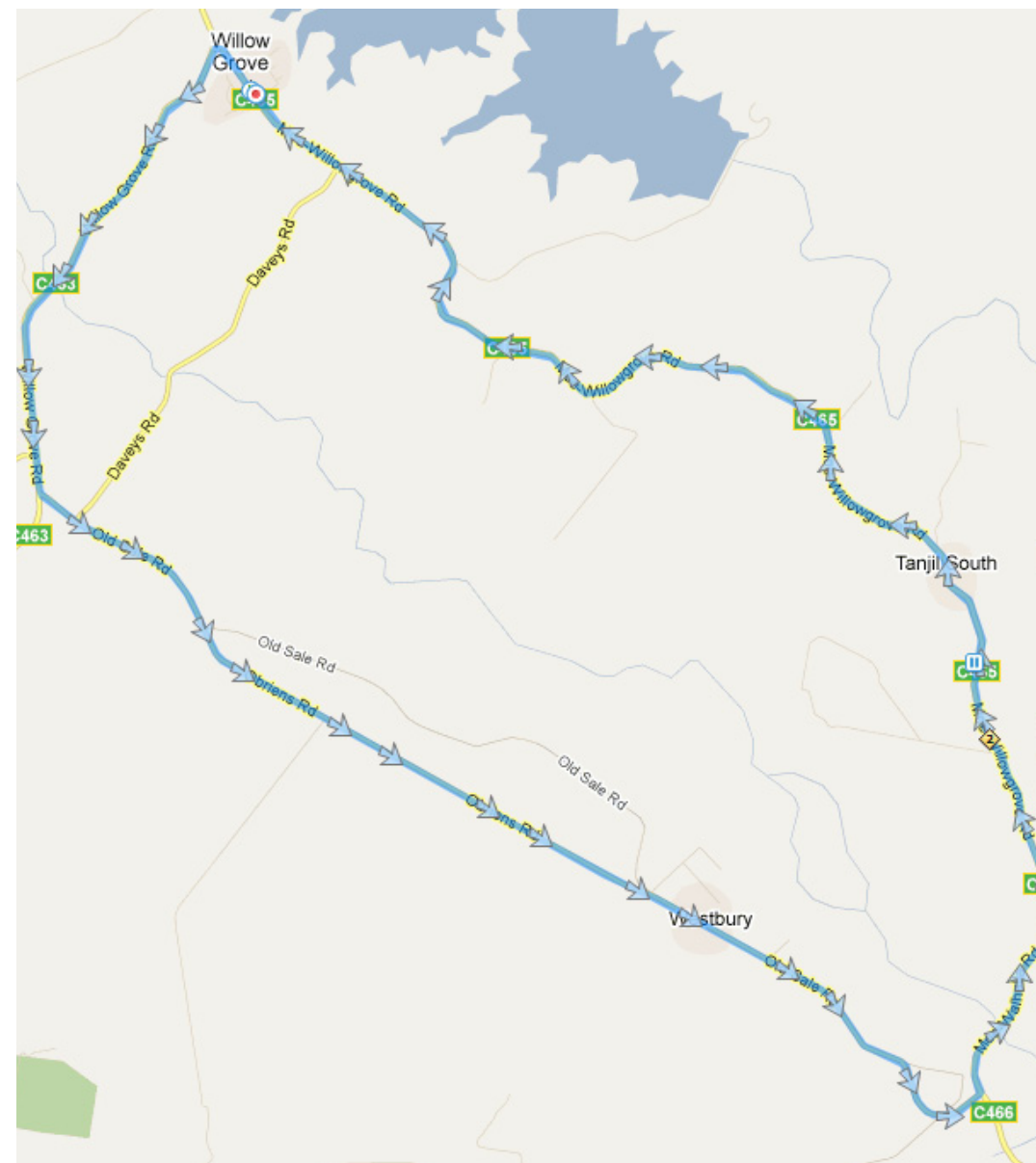
A Grade / 3 laps = 90km. Sprints on laps 1, & 2. KOM's on laps 1, 2, & 3.

B Grade / 2 laps = 60km. Sprint on lap 1. KOM's on laps 1, & 2

C Grade / 2 laps = 60km. Sprint on lap 1, KOM's on laps 1, & 2

D Grade / 1 lap = 30km. No Sprint, KOM on lap 1.

Intermediate sprints will be at the start / finish line in Willow Grove. KOM's will be at Obrien's Road which is approx 2km after turning left onto Old Sale Road.



Preliminaries

Clubs must have a copy of their Police race permit at the stage start.

Clubs are to organise corner marshals, placement of signs, KOM and Sprint judges, lead and following cars, and a spares vehicle.

1 General Classification

'A' grade is decided on time, and other grades are decided on points. The overall winner of 'A' grade is the rider with the lowest riding time less any bonus times over the four stages. The overall winner of other grades is the rider with the highest point score (from stage finishes, KOM, and Sprints) over the four stages. In the event that riders at the end of the Tour have equal time or equal points, the rider who first crossed the final stage finish line will be declared the winner.

The winner of 'A' grade is awarded the Tour's perpetual trophy for one year.

2 Time Bonuses and Points, KOM's and Sprints

2.1 A Grade

Time bonuses (seconds) are awarded in the road race stages, as follows:

Stage finish: 1st=10, 2nd=8, 3rd=6, 4th=4, 5th=2.

KOM: 1st=5, 2nd=3, 3rd=1

Sprint: 1st=5, 2nd=3, 3rd=1

The stage finish does not count for points in the Sprint competition. There are no bonus times or bonus points awarded in the time trial stage. In the 'A' grade event the KOM's and Sprints receive both points, for their respective competitions, and time bonuses for the general classification (GC).

2.2 B, C, & D Grades

In the 'B', 'C', & 'D' grade races KOM and Sprint points count towards the GC.

Points are awarded in the road race stages, as follows:

Stage finish: 1st=16, 2nd=14, 3rd=12, 4th=10, 5th=8, 6th=6, 7th=4.

KOM: 1st=7, 2nd=5, 3rd=3, 4th=2, 5th=1

Sprint: 1st=7, 2nd=5, 3rd=3, 4th=2, 5th=1

Time Trial Points: 1st=16, 2nd=14, 3rd=12, 4th=10, 5th=8. Riders within 40 seconds of 5th place receive 6 points, within 80 seconds 4 points and all others 2 points.

The stage finish does not count for points in the Sprint competition.

3 Race Format

3.1 Grades

The Tour is four separate races 'A', 'B', 'C' & D grades. Any rider who is caught by another grade is to avoid interfering with riders from that grade by remaining at the rear of the bunch to avoid influencing the outcome of that grade's race. Riders found to be interfering will be disqualified, and not allowed to start in the following stage.

This is a graded event, and if a rider is deemed too strong, by the Race Director, (ie breaks the bunch apart within a few kilometres) for the grade entered they will be promoted to a higher grade. The promoted rider will be given higher grade bunch time and they will forfeit bonuses.

3.2 Teams

There will be a team prize for the best Gippsland Club covering all grades. Points will be awarded to the first three Gippsland riders on each stage in each grade. Points are; 1st rider = 5 pts, 2nd = 3pts, 3rd = 1pt, this applies even if the riders are not placed in the stage. It is not the first three riders from each club, it is the first three Gippsland riders. Please claim your places at the end of the stage.

4 Road Rules and Official Directions

All Victorian Road Rules must be obeyed. Following directions of Commissaires and Officials is essential. A rider who crosses solid or double white lines will incur upto \$100 fine, disqualification, and possible suspension from all racing in Victoria for six weeks.

Riders crossing white lines in Sprints or KOM's will forfeit any points won in that particular sprint. Dangerous riding will not be tolerated.

5 Race Finishes

Riders finishing in the top eight places must report their race number to the line judges. Riders must not re-cross the finish line once finished. Riders finishing within five seconds of a bunch will be given bunch time.

6 Failing to Finish

If a rider fails to finish a stage due to accident, mechanical problems, or sickness he/she will be allowed to participate in the remaining stages. They will be awarded the time of the slowest rider. They are to avoid influencing the outcome of that grade's race. Riders found to be interfering will not be allowed to start in the following stage.

7 Time Trial

Riders need to start at their designated time. If a rider misses his/her start, the rider will be slotted in, but no adjustment will be made to his/her start time. The only exception to this rule is a rider who has suffered a mechanical breakdown, and has reported his misfortune to the starting timekeeper prior to his designated starting time.

8 Punctures / breakdown

A rider who needs to stop during a stage for a puncture or other mechanical failure must immediately use a hand signal to inform other riders and the spares

vehicle, and move to a safe position completely off the road on the left hand side. Service will only be given by the spares van on the left side of the road.

9 Spares

A spares vehicle will be provided for 'A' grade only. All riders should carry their own spare tube, pump, tools in case the spares vehicle is not immediately available.

10 Protest / Appeals

Any rider wishing to lodge a protest must do so in writing to the Race Director within 15 minutes of finishing the stage. The Appeal Board will consist of the Race Director, Host Club representative, and a non-riding delegate from one other Gippsland club.

11 Lead Vehicle

Riders are not allowed to overtake the lead vehicle. Any rider who breaks this rule will be disqualified immediately.

12 Outside Assistance

A rider who receives outside assistance will incur a time and/or point penalty, the severity of which is at the discretion of the Race Director.

13 Following Vehicles.

Non-official vehicles following the race will incur a penalty for their respective rider.

14 Behaviour

Urinating in public view will incur \$50 fine and possible disqualification. Litter must be placed in bins provided at race venues, or taken home. Persons found littering will be fined upto \$50 and / or penalised.

'A' GRADE – WHITE NUMBERS (1 to 20)

No	Name	Club
1	Brenton Jones	Warragul
2	Ben Dowsett	Wellington
3	Chris Jehu	Colac
4	Chris Joustra	Latrobe City
5	Daniel Gafa	Latrobe City
6	Darren Spiteri	Latrobe City
7	Darryl Anderson	Warragul
8	David Shanahan	Latrobe City
9	Geoff Thomson	Warragul
10	Glenn Schoer	Latrobe City
11	James Henry	Warragul
12	Justin Gravett	Latrobe City
13	Michael Krausz	Latrobe City
14	Samuel Beveridge	Latrobe City
15	Simon Baxter	Warragul
16	Timmer-Arends	Latrobe City
17	Tony Clark	Leongatha
18	Brett Van Berkel	Latrobe City
19	Kane Walker	Warragul

'C' GRADE – WHITE NUMBERS (30 upwards)

No	Name	Club
30	Aaron Wain	Wellington
31	Alec Mates	Wellington
32	Chris Henne	Latrobe City
33	Cyrus Monk	Warragul
34	David Redman	Latrobe City
35	Gary Lucas	Carnegie
36	George Tambassis	Warragul
37	Graeme Patrick	Warragul
38	Jack Walk	Warragul
39	Jaydn Maninitveld	Warragul
40	Judith Cahill	Wellington
41	Leigh Ryan	Wellington
42	Marcus Hall	Carnegie
43	Morgan Barnes	Leongatha
44	Neil Walker	Warragul
45	Neil White	Leongatha
46	Olivia Verey	Wellington
47	Philip Hanley	Leongatha
48	Phillip Camenzuli	Leongatha
49	Steve Allen	Leongatha
50	Steve Muggeridge	Warragul
51	Wayne Collins	Latrobe City

'B' GRADE – RED NUMBERS (1 to 40)

No	Name	Club
1	Bruce Derham	Wellington
2	Chris Halley	Carnegie
3	Clem Fries	Leongatha
4	Colin Aitken	Latrobe City
5	Dean Mackintosh	Wellington
6	Duncan Orr	Latrobe City
7	Gavin Slavin	Leongatha
8	James Lalor	Warragul
9	Jason Dastey	Warragul
10	Jason Scott	Leongatha
11	Jayman Prestidge	Warragul
12	Jerome Bechaz	Latrobe City
13	Joseph Patrick	Warragul
14	Justin Matthews	Leongatha
15	Kevin Feely	Leongatha
16	Kristy Glover	Wellington
17	Lachlan Matthews	Leongatha
18	Leigh Atkins	Wellington
19	Lucy Coldwell	Unattached
20	Paul Yeatman	Warragul
21	Peter Finlayson	Warragul
22	Phillip Bechaz	Latrobe City
23	Phillip Mcneill	Carnegie
24	Rob Monk	Warragul
25	Roland Elsdon	Latrobe City
26	Shane Dove	Wellington
27	Stuart Derham	Bairnsdale
28	Arno Van Der Schans	Corangamite
29	Timothy Van Der Schans	Corangamite
30	Jarryd Jones	Warragul
31	Peter Hollins	Leongatha

'D' GRADE – RED NUMBERS (41 upwards)

No	Name	Club
41	Benjamin Stein	Warragul
42	Clint Wilson	Warragul
43	Hayden Bed	Seymour
44	Mathieson Jenkin	Warragul
45	John Bodey	Wellington
46	John Taylor	Latrobe City

Race Strategy

Stage 1 (Scratch)

Fellow cyclists to mark: _____

The Plan: _____

Race Strategy: _____

Start line arousal: very low / low / medium / high / frisky

Result (place x of y): _____

What I did well: _____

What I need to improve: _____

Aches/pains/problems post race: _____

What went down during the race: _____

Stage 2 (ITT)

Fellow cyclists to mark: _____

The Plan: _____

Race Strategy: _____

Start line arousal: very low / low / medium / high / frisky

Result (place x of y): _____

What I did well: _____

What I need to improve: _____

Aches/pains/problems post race: _____

What went down during the race: _____

Stage 3 (Scratch)

Fellow cyclists to mark: _____

The Plan: _____

Race Strategy: _____

Start line arousal: very low / low / medium / high / frisky

Result (place x of y): _____

What I did well: _____

What I need to improve: _____

Aches/pains/problems post race: _____

What went down during the race: _____

Stage 4 (Scratch)

Fellow cyclists to mark: _____

The Plan: _____

Race Strategy: _____

Start line arousal: very low / low / medium / high / frisky

Result (place x of y): _____

What I did well: _____

What I need to improve: _____

Aches/pains/problems post race: _____

What went down during the race: _____

Year	Name	Club	Year	Name	Club
1964	Darryl Edwards	Warragul	1987	David McFarlane	Leongatha
1965	Darryl Edwards	Warragul	1988	Phillip Gallagher	Warragul
1966	John Weir	Warragul	1989	David McFarlane	Leongatha
1967	Robert Kypriotis	Morwell	1990	Anthony Hemming	Leongatha
1968	Robert Kypriotis	Morwell	1991	David McFarlane	Leongatha
1969	John Trevorrow	Morwell	1992	Troy Warren	Leongatha
1970	John Trevorrow	Morwell	1993	David McFarlane	Leongatha
1971	Geoff Charleston	Traralgon	1994	Wayne Kestle	Warragul
1972	Len Van Berkel	Traralgon	1995	Wayne Kestle	Warragul
1973	Jim Phillipson	Sale	1996	Luke Ryan	Leongatha
1974	John Trevorrow	Morwell	1997	David McFarlane	Leongatha
1975	Michael Phillips	Traralgon	1998	Murray Fenwick	Warragul
1976	Steve Cook	Traralgon	1999	Murray Fenwick	Warragul
1977	Geoff Thomson	Warragul	2000	Leigh O'Hara	Warragul
1978	Greg Sands	Sale	2001	David Salton	Warragul
1979	David McFarlane	Leongatha	2002	Joel Pearson	Warragul
1980	Tony Smith	Leongatha	2003	Joel Pearson	Warragul
1981	Geoff Fletcher	Morwell	2004	Gerard Murphy	Leongatha
1982	David McFarlane	Leongatha	2005	John McKenzie	Latrobe City
1983	David McFarlane	Leongatha	2006	Matt Jensen	Carnegie Caulfield
1984	Rick Trevorrow	Morwell	2007	Nick Aitken	Leongatha
1985	David McFarlane	Leongatha	2008	Charles Howlett	Latrobe City
1986	Peter Phillips	Traralgon	2009	Nick Aitken	Leongatha
		2010	Brenton Jones	Warragul	