

3DT GIPPSLAND 2014

Host Clubs



Wellington CC



Leongatha CC



Latrobe City CC

Race Director: Karin Jones

Time Keeper: TBD

Presentations and lunch will follow on from the race finish of all grades at the Yinnar Pub. This venue is opening specifically to cater for us on the Monday so please come along to enjoy a meal, chat and celebrate the 50th year of this race.

2012 Winners:

'A' Brenton Jones, Warragul - 'B' Peter Finlayson, Warragul
'C' Lachlan Matthews, Leongatha - 'D' David Lumby, Leongatha



YEATMAN
GRAPHIC DESIGN

Moe
BIKE HUB



S&J CYCLES

Stage 1 - Heyfield

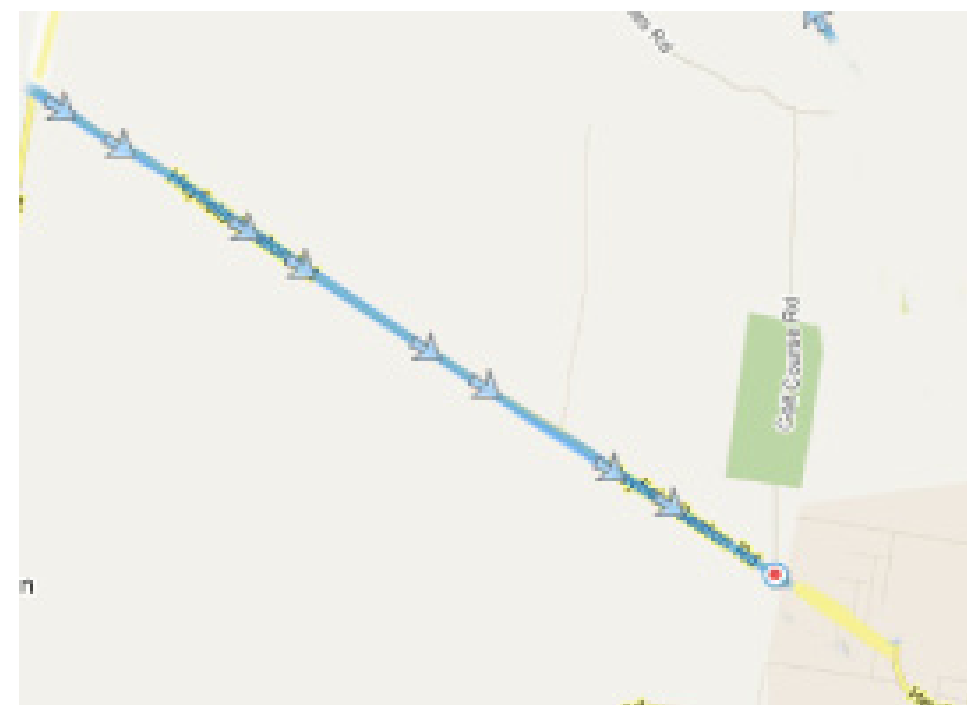
Assemble at the Heyfield bowling club, George Street, Heyfield. Registration from 9:30am for an 11am start.

Route

Riders will ride out to the start for a warm up and TT back to the road race finish. The start is back from the left turn in the road race. ~6km ITT. Riders away at 30 second intervals with a gap between grades.



Start Time	Name	Club	Start Time	Name	Club
11:00:00	Alec MATES	Wellington	11:17:30	Kristy GLOVER	Wellington
11:00:30	Greg SEALBY	Warragul	11:18:00	Brent Sword	Wellington
11:01:00	Steve MUGGERIDGE	Warragul	11:18:30	Fred de COSTA	Latrobe
11:01:30	Robin BAKER	Warragul	11:19:00	Craig SKINNER	Latrobe
11:02:00	Adele WHELEAN	Warragul	11:19:30	James Timmer-Arends	Latrobe
11:02:30	Frank BENSTED	Warragul	11:20:00	William LUMBY	Leongatha
11:03:00	Kerry PRITCHARD	Leongatha	11:20:30	Tony CLARKE	Leongatha
11:03:30	Damien KING	Leongatha	11:21:00	Lachlan MATTHEWS	Leongatha
11:04:00	Michael PARK	Leongatha	11:21:30	Samantha ABBOTT	Warragul
11:04:30	Ben STEIN	Leongatha	11:22:00	James LALOR	Warragul
11:05:00			11:22:30	Alan MCCULLOCH	Warragul
11:05:30			11:23:00	Rob MONK	Warragul
11:06:00	David BARRY	Latrobe	11:23:30	Pete WHELAN	Warragul
11:06:30	Sam WARREN	Non Gipps	11:24:00	Geoff THOMSON	Warragul
11:07:00	Wendy JORDAN	Latrobe	11:24:30	Paul YEATMAN	Warragul
11:07:30	Lachlan JORDAN	Latrobe	11:25:00	Jayman PRESTIDGE	Warragul
11:08:00	David JORDAN	Warragul	11:25:30		
11:08:30	Colin MANINTVELD	Warragul	11:26:00	Brett FRANKLIN	Leongatha
11:09:00	Chris JONES	Warragul	11:26:30	James Henry	Warragul
11:09:30	Duane MCDONALD	Warragul	11:27:00	Simon WHITFORD	Wellington
11:10:00	Mitchell JONES	Warragul	11:27:30	Clem FRIES	Leongatha
11:10:30	Rob WADDELL	Warragul	11:28:00	Tom MCFARLANE	Leongatha
11:11:00	Chris HENNE	Latrobe	11:28:30	Jason STRICKLAND	Latrobe
11:11:30	Ash KOZAK	Latrobe	11:29:00	Colin AITKEN	Latrobe
11:12:00	Kevin FEELY	Leongatha	11:29:30	Chris JOUSTRA	Latrobe
11:12:30	Austin TIMMINS	Leongatha	11:30:00	Paul MAKEPEACE	Latrobe
11:13:00	Harrison MCLEAN	Leongatha	11:30:30	Justin GRAVETT	Latrobe
11:13:30	Bradley BOUQUET	Leongatha	11:31:00	Daniel GAFA	Latrobe
11:14:00	Rodney CHEYNE	Leongatha	11:31:30	Graeme PARKER	Warragul
11:14:30	Phillip HANLEY	Leongatha	11:32:00	Matt PARKINSON	Warragul
11:15:00	Neil WHITE	Leongatha	11:32:30	Leigh HAUXWELL	Warragul
11:15:30			11:33:00	Jayden MANINTVELD	Warragul
11:16:00			11:33:30	Jarryd JONES	Warragul
11:16:30			11:34:00	Cyrus MONK	Warragul
11:17:00	Wayne SPRATFORD	Wellington	11:34:30	Kane WALKER	Warragul



Stage 2 - Heyfield

Assemble at the Heyfield bowling club, George Street, Heyfield. 1pm start

Route

26.3km circuit. Start in George Street, neutral to Licola Road, commence race after round-about on Licola Road. Left onto Seaton-Glenmaggie Road, which continues as Seymour's Lane. Left at Seaton-Heyfield Road. Left into Firebrace Road, and left onto Licola road. The finish is on the Seaton-Heyfield Road, approx 300meters before Firebrace Road.

A Grade / 3 laps = 77km*. Sprints on laps 1 & 2, KOM's on laps 1, 2 &3.

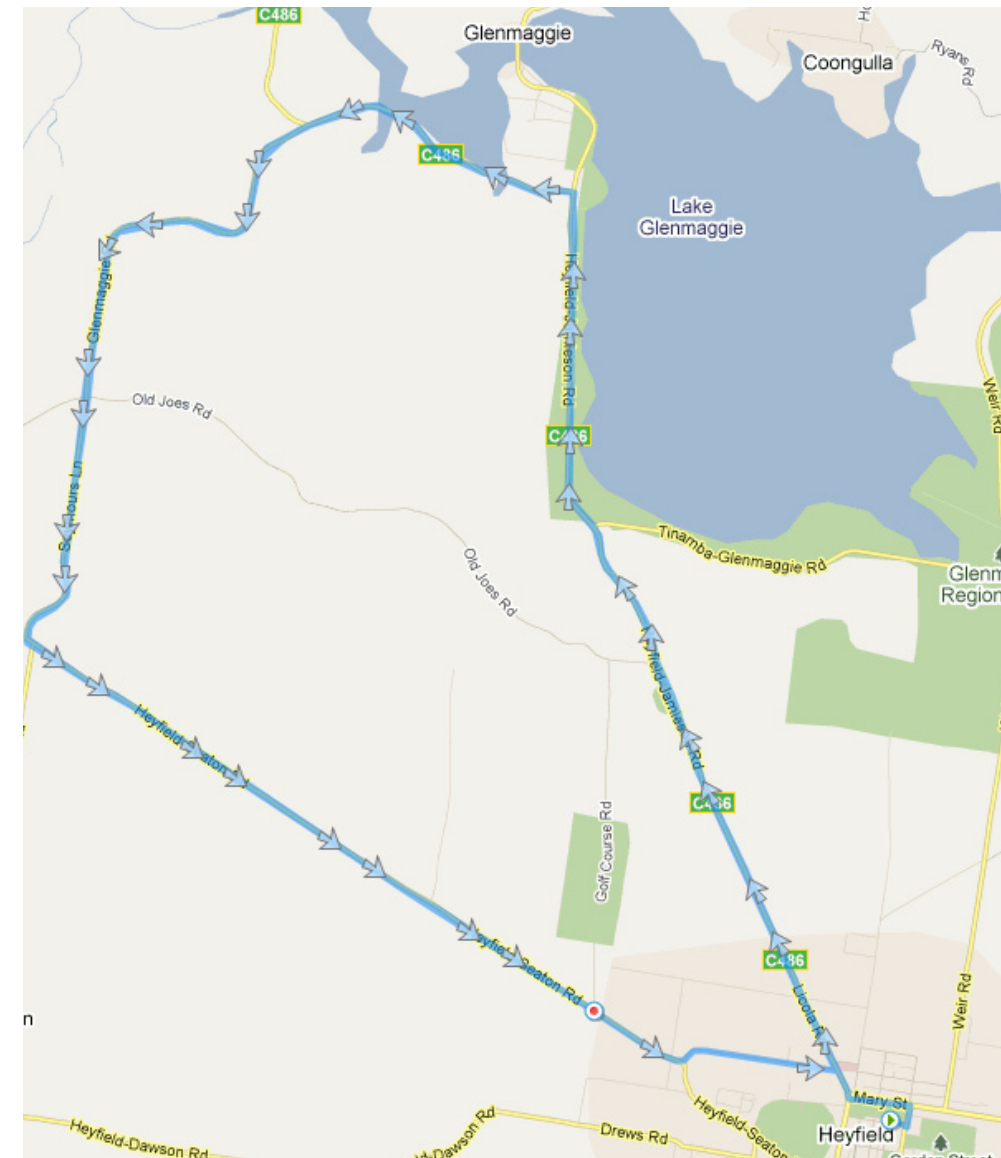
B Grade / 3 laps = 77km*. Sprints on laps 1 & 2, KOM's on laps 1, 2 &3.

C Grade / 2 laps = 51km. Sprint on lap 1, KOM's on laps 1 & 2.

D Grade / 2 laps = 51km. Sprint on lap 1, KOM's on laps 1 & 2.

The intermediate sprint is at the finish line on the Seaton-Heyfield Road. The KOM is 12.2km after the start on the Seaton-Glenmaggie Road.

*If the weather is poor, the distance will be dropped to 2 laps due to potential for low light levels towards the end of the race.



Stage 3 - Mardan

Assemble at Leongatha Secondary College. 11am start.

Route

Mardan Rd: 38.24km circuit. Starts on Oglivy Street which becomes Nerrena Road. Left turn into Mardan Dumbalk Road, sharp left turn into Mardan Road, left turn onto Strezleki Highway. Shortly after entering Leongatha, left turn into Horn Street.

Hulls Road Loop: 12.7km circuit. Turn into Hulls Road from Nerrena Road, left turn into Mardan Road, left turn onto Strezleki Highway. Shortly after entering Leongatha, left turn into Horn Street.

A Grade / 2 laps = 78km. Sprints on laps 1 & 2. KOMS on laps 1 & 2.

B Grade / 2 laps = 78km. Sprints on laps 1 & 2. KOMS on laps 1 & 2.

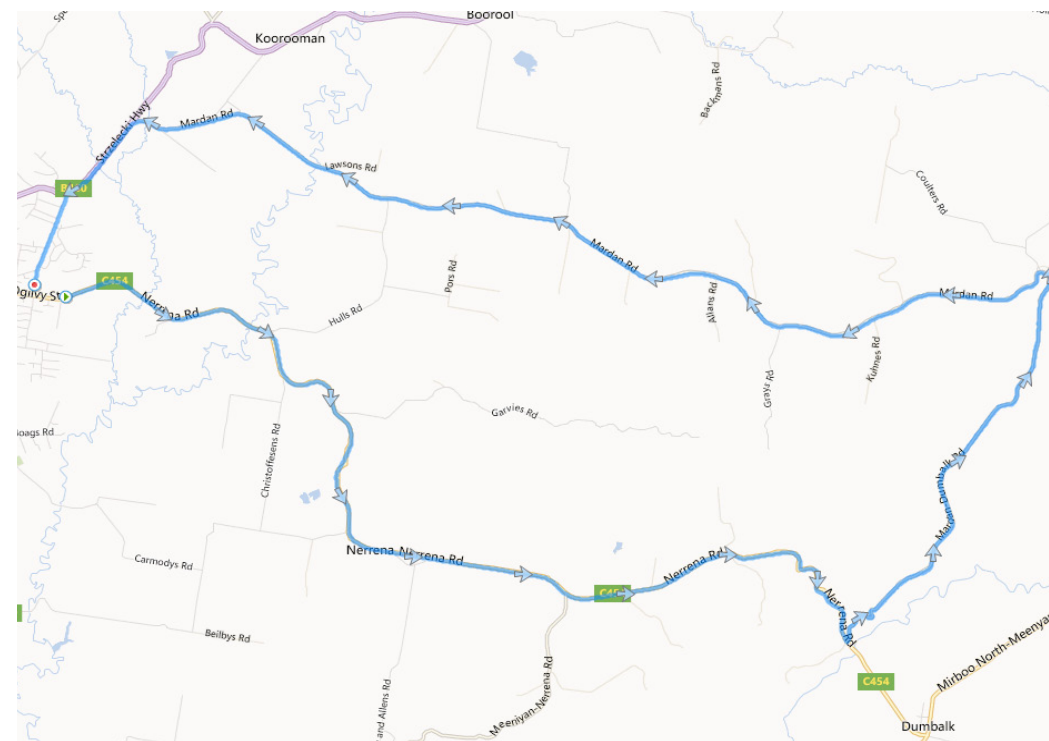
C Grade / 1 Lap Mardan = 37.3km. Sprint on lap 1. KOM on lap 1.

D Grade / 1 Lap Mardan = 37.3km. Sprint on lap 1. KOM on lap 1.

Intermediate sprint for all grades is on plateau, about 9km into the lap.

KOM at top of Mardan-Dumbalk Rd for all grades.

Course Notes: a testing course with a long steep climb. This will test riders after day one of racing. An uphill finish.



Stage 4 - Yinnar

Assemble in Main Street. 10am start

Route

Yinnar: 20km circuit; start at 10:00am on main road through Yinnar. Left onto Monash Way. Left into Hazelwood Estate Road. Left onto Main Street. Finish in Yinnar.

A Grade / 4 laps = 80km. Sprints at the end of laps 1, 2 & 3. KOM's on laps 1, 2, 3 & 4.

B Grade / 4 laps = 80km. Sprints at the end of laps 1, 2 & 3. KOM's on laps 1, 2, 3 & 4.

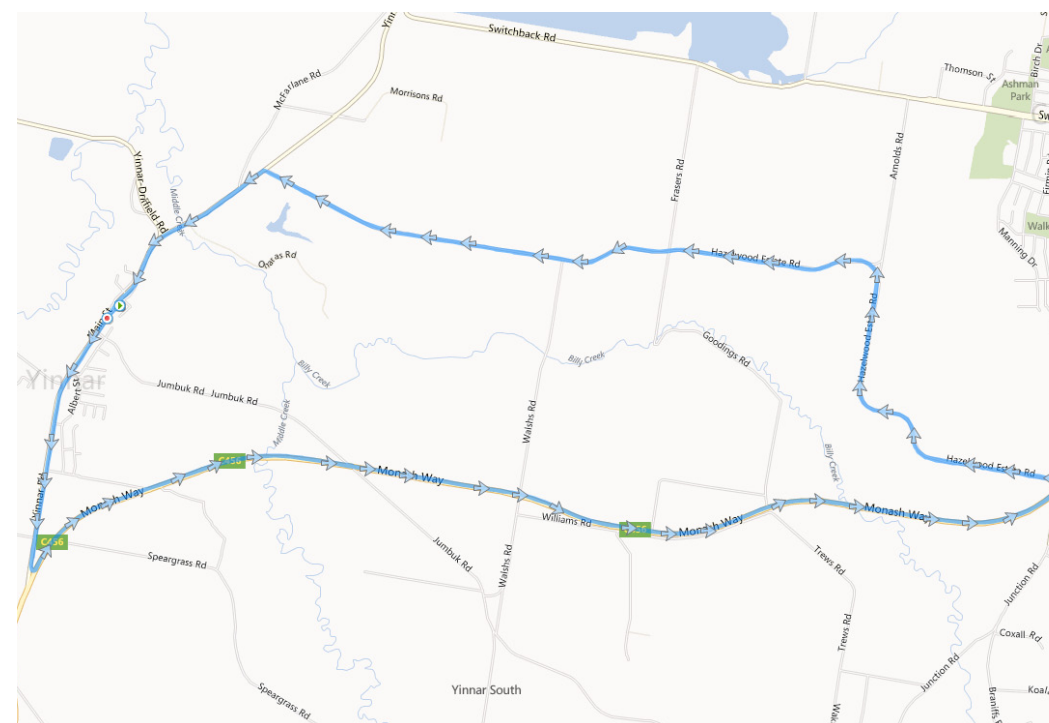
C Grade / 2 laps = 40km. Sprints at the end of lap 1, KOM's on laps 1, & 2

D Grade / 2 laps = 40km. Sprints at the end of lap 1, KOM's on laps 1, & 2

Intermediate sprints will be at the start / finish line in Yinnar.

KOM is on Hazelwood Estate Road, 300m after turning off tMonash Way.

Course Notes: a relatively flat circuit that is often beset by strong westerly winds. An uphill finish into town. This could be a happy respite after the first two days of racing, or it could see the keen riders tearing up the bunches.



June 9: Stage 4 @ 10:00

3DT GIPPSLAND 2014



Preliminaries

Clubs must have a copy of their Police race permit at the stage start.

Clubs are to organise corner marshals, placement of signs, KOM and Sprint judges, lead and following cars, and a spares vehicle.

1 General Classification

'A' grade is decided on time, and other grades are decided on points. The overall winner of 'A' grade is the rider with the lowest riding time less any bonus times for stage finishes over the duration of the tour. The overall winner of other grades is the rider with the highest point score (from stage finishes) over the four stages. In the event that riders at the end of the Tour have equal time or equal points, the rider who rode the fastest prologue time will be awarded the winner.

The winner of 'A' grade is awarded the Tour's perpetual trophy for one year.

2 Time Bonuses and Points, KOM's and Sprints

2.1 A Grade

Time bonuses (seconds) are awarded in the road race stages, as follows:

Stage finish: 1st=10, 2nd=8, 3rd=6, 4th=4, 5th=2.

The stage finish does not count for points in the Sprint competition. There are no bonus times or bonus points awarded in the time trial stage. In the 'A' grade event the KOM's and Sprints receive both points, for their respective competitions only which are awarded as follows:

1st=5, 2nd=4, 3rd=3, 4th=2, 5th=1.

2.2 B, C, & D Grades

In the 'B', 'C', & 'D' grade races KOM and Sprint points do not count towards the GC. Points are awarded in the road race stages, as follows:

Stage finish: 1st=25, 2nd=20, 3rd=15, 4th=10, 5th=8, 6th=6, 7th=4.

KOM: 1st=5, 2nd=4, 3rd=3, 4th=2, 5th=1

Sprint: 1st=5, 2nd=4, 3rd=3, 4th=2, 5th=1

Time Trial Points: 1st=25, 2nd=20, 3rd=15, 4th=10, 5th=8. Riders within 40 seconds of 5th place receive 6 points, within 80 seconds 4 points and all others 2 points.

The stage finish does not count for points in the Sprint competition.

3 Race Format

3.1 Grades

The Tour is four separate races 'A', 'B', 'C' & D grades. Any rider who is caught by another grade is to avoid interfering with riders from that grade by remaining at the rear of the bunch to avoid influencing the outcome of that grade's race. Riders found to be interfering will be disqualified, and not allowed to start in the following stage.

This is a graded event, and if a rider is deemed too strong, by the Race Director, (ie breaks the bunch apart within a few kilometres) for the grade entered they will be promoted to a higher grade. The promoted rider will be given higher grade bunch time and they will forfeit bonuses.

3.2 Teams

There will be a team prize for the best Gippsland Club covering all grades. Points will be awarded to the first three Gippsland riders on each stage in each grade. Points are; 1st rider = 5 pts, 2nd = 3pts, 3rd = 1pt, this applies even if the riders are not placed in the stage. It is not the first three riders from each club, it is the first three Gippsland riders. Please claim your places at the end of the stage.

4 Road Rules and Official Directions

All Victorian Road Rules must be obeyed. Following directions of Commissaires and Officials is essential. A rider who crosses solid or double white lines will incur upto \$100 fine, disqualification, and possible suspension from all racing in Victoria for six weeks.

Riders crossing white lines in Sprints or KOM's will forfeit any points won in that particular sprint. Dangerous riding will not be tolerated.

5 Race Finishes

Riders finishing in the top eight places must report their race number to the line judges. Riders must not re-cross the finish line once finished. Riders finishing within five seconds of a bunch will be given bunch time.

6 Failing to Finish

If a rider fails to finish a stage due to accident, mechanical problems, or sickness he/she will be allowed to participate in the remaining stages. They will be awarded the time of the slowest rider. They are to avoid influencing the outcome of that grade's race. Riders found to be interfering will not be allowed to start in the following stage.

7 Time Trial

Riders need to start at their designated time. If a rider misses his/her start, the rider will be slotted in, but no adjustment will be made to his/her start time. The only exception to this rule is a rider who has suffered a mechanical breakdown, and has reported his misfortune to the starting timekeeper prior to his designated starting time.

8 Punctures / breakdown

A rider who needs to stop during a stage for a puncture or other mechanical failure must immediately use a hand signal to inform other riders and the spares

vehicle, and move to a safe position completely off the road on the left hand side. Service will only be given by the spares van on the left side of the road.

9 Spares

A spares vehicle will be provided for 'A' grade only. All riders should carry their own spare tube, pump, tools in case the spares vehicle is not immediately available.

10 Protest / Appeals

Any rider wishing to lodge a protest must do so in writing to the Race Director within 15 minutes of finishing the stage. The Appeal Board will consist of the Race Director, Host Club representative, and a non-riding delegate from one other Gippsland club.

11 Lead Vehicle

Riders are not allowed to overtake the lead vehicle. Any rider who breaks this rule will be disqualified immediately.

12 Outside Assistance

A rider who receives outside assistance will incur a time and/or point penalty, the severity of which is at the discretion of the Race Director.

13 Following Vehicles.

Non-official vehicles following the race will incur a penalty for their respective rider.

14 Behaviour

Urinating in public view will incur \$50 fine and possible disqualification. Litter must be placed in bins provided at race venues, or taken home. Persons found littering will be fined upto \$50 and / or penalised.

'A' GRADE - NUMBERS 1 to 19

No	Name	Club
1	Kane Walker	Warragul
2	Cyrus Monk	Warragul
3	Jarryd Jones	Warragul
4	Jayden Manintveld	Warragul
5	Leigh Hauxwell	Warragul
6	Matt Parkinson	Warragul
7	Graeme Parker	Warragul
8	Daniel Gafa	LCCC
9	Justin Gravett	LCCC
10	Paul Makepeace	LCCC
11	Chris Joustra	LCCC
12	Colin Aitken	LCCC
13	Jason Strickland	LCCC
14	Tom McFarlane	Leongatha
15	Clem Fries	Leongatha
16	Simon Whitford	Wellington
17	James Henry	Warragul
18	Brett Franklin	Leongatha

'B' GRADE - NUMBERS 20 to 39

No	Name	Club
20	Jayman Prestidge	Warragul
21	Paul Yeatman	Warragul
22	Geoff Thomson	Warragul
23	Pete Whelan	Warragul
24	Rob Monk	Warragul
25	Alan McCulloch	Warragul
26	James Lalor	Warragul
27	Samantha Abbott	Warragul
28	Lachlan Matthews	Leongatha
29	Tony Clarke	Leongatha
30	William Lumby	Leongatha
31	James Timmer-Arends	LCCC
32	Craig Skinner	LCCC
33	Fred de Costa	LCCC
34	Brent Sword	Wellington
35	Kristy Glover	Wellington
36	Wayne Spratford	Wellington
37	David Barry	LCCC

'C' GRADE - NUMBERS 40 to 59)

No	Name	Club
40	Neil White	Leongatha
41	Phillip Hanley	Leongatha
42	Rodney Cheyne	Leongatha
43	Bradley Bouquet	Leongatha
44	Harrison McLean	Leongatha
45	Austin Timmins	Leongatha
46	Kevin Feely	Leongatha
47	Ash Kozak	LCCC
48	Chris Henne	LCCC
49	Rob Waddell	Warragul
50	Mitchell Jones	Warragul
51	Duane McDonald	Warragul
52	Chris Jones	Warragul
53	Colin Manintveld	Warragul
54	David Jordan	Warragul
55	Lachlan Jordan	Warragul
56	Wendy Jordan	Warragul
57	Sam Warren	Non Gippsland

'D' GRADE - Numbers 60 to 80

No	Name	Club
60	Benjamin Stein	Leongatha
61	Michael Park	Leongatha
62	Damien King	Leongatha
63	Kerry Pritchard	Leongatha
64	Frank Bensted	Warragul
65	Adele Whelean	Warragul
66	Robin Baker	Warragul
67	Steve Muggeridge	Warragul
68	Greg Sealby	Warragul
69	Alec Mates	Wellington

Race Strategy

Stage 1 (Scratch)

Fellow cyclists to mark: _____

The Plan: _____

Race Strategy: _____

Start line arousal: very low / low / medium / high / frisky

Result (place x of y): _____

What I did well: _____

What I need to improve: _____

Aches/pains/problems post race: _____

What went down during the race: _____

Stage 2 (ITT)

Fellow cyclists to mark: _____

The Plan: _____

Race Strategy: _____

Start line arousal: very low / low / medium / high / frisky

Result (place x of y): _____

What I did well: _____

What I need to improve: _____

Aches/pains/problems post race: _____

What went down during the race: _____

Stage 3 (Scratch)

Fellow cyclists to mark: _____

The Plan: _____

Race Strategy: _____

Start line arousal: very low / low / medium / high / frisky

Result (place x of y): _____

What I did well: _____

What I need to improve: _____

Aches/pains/problems post race: _____

What went down during the race: _____

Stage 4 (Scratch)

Fellow cyclists to mark: _____

The Plan: _____

Race Strategy: _____

Start line arousal: very low / low / medium / high / frisky

Result (place x of y): _____

What I did well: _____

What I need to improve: _____

Aches/pains/problems post race: _____

What went down during the race: _____

Year	Name	Club
1964	Darryl Edwards	Warragul
1966	John Weir	Warragul
1967	Robert Kypriotis	Morwell
1968	Robert Kypriotis	Morwell
1969	John Trevorow	Morwell
1970	John Trevorow	Morwell
1971	Geoff Charleston	Traralgon
1972	Len Van Berkel	Traralgon
1973	Jim Phillipson	Sale
1974	John Trevorow	Morwell
1975	Michael Phillips	Traralgon
1976	Steve Cook	Traralgon
1977	Geoff Thomson	Warragul
1978	Greg Sands	Sale
1979	David McFarlane	Leongatha
1980	Tony Smith	Leongatha
1981	Geoff Fletcher	Morwell
1982	David McFarlane	Leongatha
1983	David McFarlane	Leongatha
1984	Rick Trevorow	Morwell
1985	David McFarlane	Leongatha
1986	Peter Phillips	Traralgon
1987	Dave McFarlane	Leongatha
1988	Phillip Gallagher	Warragul
1989	David McFarlane	Leongatha
1990	Anthony Hemming	Leongatha
1991	David McFarlane	Leongatha
1992	Troy Warren	Leongatha
1993	David McFarlane	Leongatha
1994	Wayne Kestle	Warragul
1995	Wayne Kestle	Warragul
1996	Luke Ryan	Leongatha
1997	David McFarlane	Leongatha
1998	Murray Fenwick	Warragul
1999	Murray Fenwick	Warragul
2000	Leigh O'Hara	Warragul
2001	David Salton	Warragul
2002	Joel Pearson	Warragul
2003	Joel Pearson	Warragul
2004	Gerard Murphy	Leongatha
2005	John McKenzie	Latrobe City
2006	Matt Jensen	Carnegie Caulfield
2007	Nick Aitken	Leongatha
2008	Charles Howlett	Latrobe City
2009	Nick Aitken	Leongatha
2010	Brenton Jones	Warragul
2011	Brenton Jones	Warragul
2012	Brenton Jones	Warragul
2013	Brenton Jones	Warragul